

SEPTEMBER 2025

Regis Middle/High School Meals

Grab N' Go Breakfast and Lunch

This institution is an equal opportunity provider. Menus are subject to change.



Monday

Tuesday

Wednesday

Thursday

Friday

1

2

3

4

5

Grab n Go

*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit

Lunch

Sloppy Joe
Baked Beans
Cucumber Slices
Warm Apple Slices
Mixed Fruit

8

Grab n Go

*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit

Lunch

Chicken Patty on a Bun
Sweet Potato Fries
Green Beans
Banana
Chilled Peaches

9

Grab n Go

*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit

Lunch

Pizza Hut Pizza
Cheese or Pepperoni
Tossed Salad
Broccoli/Cauliflower
Mixed Fruit/Oranges

10

Grab n Go

*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit

Lunch

Chicken Smackers
Whipped Potatoes
Whole Kernel Corn
Mandarin Oranges/Kiwi

11

Grab n Go

*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit

Lunch

Mozzarella Dippers w/ Pizza Sauce
Green Peas
Baby Carrots
Chilled Pears/Fresh Apple

12

Grab n Go

*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit

Lunch

Hamburger on a Bun
Baked Potato Wedges
Cherry Tomatoes/Cucumber Slices
Mixed Fruit/Orange Wedge

15

Grab n Go

*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit

Lunch

Beef Soft Shell Tacos
Lettuce/Tomato/Salsa
Refried Beans/Spanish Rice
Chilled Pears
Fresh Apple

16

Grab n Go

*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit

Lunch

Pizza Hut Pizza
Cheese or Pepperoni
Tossed Salad
Carrots/Celery Sticks
Chilled Peaches/Melon Wedge

17

Grab n Go

*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit

Lunch

Baked Mini Corn Dogs
Green Beans/Broccoli
Pineapple Tidbits
Fresh Apple/Fresh Baked Cookie

18

Grab n Go

*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit

Lunch

French Toast Sticks
Baked Hash Browns
Steamed Carrots
Strawberries/100% Orange Juice

19

Grab n Go

*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit

Lunch

BBQ Pulled Pork Sandwich
Baked Beans
Broccoli Florets
Mandarin Oranges/Fresh Apple

22

Grab n Go

*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit

Lunch

Chicken Patty on a Bun
Baked Seasoned Fries
Green Beans/Baby Carrots
Grapes/Chilled Applesauce

23

Grab n Go

*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit

Lunch

Pizza Hut Pizza
Cheese or Pepperoni
Tossed Salad/Celery Sticks
Cucumber Slices
Chilled Peaches/Orange Wedges

24

Grab n Go

*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit

Lunch

Mandarin Orange Chicken
Brown Rice Pilaf/Red Pepper Strips
Tossed Salad/Fortune Cookie
Kiwi/ Strawberries

25

Grab n Go

*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit

Lunch

Fish Sticks on a Bun
Whole Kernel Corn
Sweet Potato Fries
Mixed Fruit/Fresh Apple

26

Grab n Go

*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit

Lunch

Hamburger on a Bun
Baked Tator Tots
Baby Carrots
Chilled Pears/Fresh Apple

29

Grab n Go

*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit

Lunch

Beef Walking Taco
Lettuce/Tomato/Cheese/Salsa
Seasoned Refried Beans
Cucumber Slices
Mandarin Orange/Banana

30

* Milk is offered with all meals & includes a choice of White Skim or Chocolate Skim

School Information contact: Alexis Toledo at 715-830-2276 ext 2005 or email at atoledo@regiscatholicschools.com