

SEPTEMBER 2020

Regis Elementary School Menus

Grab n` Go Breakfast & Lunch

This is an equal opportunity provider. Menus are subject to change.



Monday

Tuesday

Wednesday

Thursday

Friday

Welcome Back!

NO SCHOOL
2020-21 Prices

Grab n` Go
Elementary 1.50 MS/HS 1.75
Reduced .30
Lunch
Elementary 2.75 MS/HS 3.00
Reduced .40

Grab n` Go
Cereal Bowls or
Breakfast Bars Combo kits
Fresh Fruit
Lunch
Hamburger on a * Bun
Whipped Potatoes
Cherry Tomatoes
Mixed Fruit /Orange Wedge

Grab n` Go
Cereal Bowls or
Breakfast Bars Combo kits
Fresh Fruit
Lunch
Pepperoni Calzone
Baked Beans
Broccoli Florets
Mandarin Oranges/ Fresh Apple

Grab n` Go
Cereal Bowls or
Breakfast Bars Combo kits
Fresh Fruit
Lunch
Ham Stacker on a *Bun
Baked Tater Tots
Baby Carrots
Chilled Pears/Fresh Apple

Grab n` Go
Cereal Bowls or
Breakfast Bars Combo kits
Fresh Fruit
Lunch
Chicken Patty on a *Bun
Sweet Potato Fries
Baby Carrots
Banana/Chilled Peaches

Grab n` Go
Cereal Bowls or
Breakfast Bars Combo kits
Fresh Fruit
Lunch
Chicken Nuggets
Baked Tater Tots
Baked Beans
Cucumber Slices
Chilled Pears/Fresh Apple

Grab n` Go
Cereal Bowls or
Breakfast Bars Combo kits
Fresh Fruit
Lunch
BBQ Pulled Pork on a *Bun
Baked Seasoned Fries
Green Beans
Baby Carrots
Grapes/Chilled Applesauce

Grab n` Go
Cereal Bowls or
Breakfast Bars Combo kits
Fresh Fruit
Lunch
Walking Taco
Beef
Lettuce/Tomato/Cheese/Salsa
Seasoned Refried Beans
Cucumber Slices

Grab n` Go
Cereal Bowls or
Breakfast Bars Combo kits
Fresh Fruit
Lunch
Pepperoni Pizza
Tossed Green Salad
Cherry Tomatoes/Green Peas
Chilled Peaches/Fresh Apple

Grab n` Go
Cereal Bowls or
Breakfast Bars Combo kit
Fresh Fruit
Lunch
Cheese Pizza
Tossed Salad
Broccoli/Cauliflower
Mixed Fruit/Orange Wedge

Grab n` Go
Cereal Bowls or
Breakfast Bars Combo kits
Fresh Fruit
Lunch
Pepperoni Pizza
Tossed Salad
Carrots & Celery Sticks
Chilled Peaches/Melon Wedges

Grab n` Go
Cereal Bowls or
Breakfast Bars Combo kits
Fresh Fruit
Lunch
Cheese Pizza
Baked Tater Tots
Tossed Salad
Celery Sticks
Chilled Peaches/ Orange Wedges

Grab n` Go
Cereal Bowls or
Breakfast Bars Combo kits
Fresh Fruit
Lunch
Pepperoni Pizza
Tossed Salad
Celery sticks/Tomatoes
Applesauce/Orange Wedges

Grab n` Go
Cereal Bowls or
Breakfast Bars Combo kits
Fresh Fruit
Lunch
Chicken Nuggets
Seasoned Fries
Celery & Carrots
Mixed Fruit/Orange Wedges

Grab n` Go
Cereal Bowls or
Breakfast Bars Combo kits
Fresh Fruit
Lunch
Teriyaki Chicken Bites
w/ Rice Pilaf
Baked Potato Wedges
Green Peas
Mandarin Oranges/Kiwi

Grab n` Go
Cereal Bowls or
Breakfast Bars Combo kits
Fresh Fruit
Lunch
Spaghetti w/ Meat Sauce
Green Beans
Steamed Broccoli
Pineapple Tidbits/Fresh Apple

Grab n` Go
Cereal Bowls or
Breakfast Bars Combo kits
Fresh Fruit
Lunch
Hot Dog on a *Bun
Tossed Salad
Cucumber Slices
Kiwi/ Strawberries

Grab n` Go
Cereal Bowls or
Breakfast Bars Combo kits
Fresh Fruit
Lunch
Fish Stick
Whole Kernel Corn
Baby Carrots
Seedless Grapes/Pineapple Tidbits

Grab n` Go
Cereal Bowls or
Breakfast Bars Combo kits
Fresh Fruit
Lunch
Cheese Quesadilla
Salsa
Whole Kernel Corn
Green Beans
Chilled Pears/Fresh Apple

Grab n` Go
Cereal Bowls or
Breakfast Bars Combo kits
Fresh Fruit
Lunch
Cheese Omelet w/*Pancakes
Baked Hash brown
Baby Carrots
Strawberries/100% Orange Juice

Grab n` Go
Cereal Bowls or
Breakfast Bars Combo kits
Fresh Fruit
Lunch
*Mac & Cheese w/ *Breadstick
Whole Kernel Corn
Sweet Potato Fries
Mixed Fruit/Fresh Apple

* Milk offered with all meals & includes choice of Skim or Chocolate Skim