



Regis Middle and High School Dress Code

"Modesty Matters"

A dress code fosters a positive educational environment, focusing on academic success and encouraging appropriate behavior. It has been shown that dress codes can enhance academic performance by helping students focus more on learning than on their attire. At Regis Middle and High School, students are expected to dress in a manner that reflects respect for the human body. Parents and guardians are urged to provide guidance and support for adhering to the dress code. Students are required to follow the dress code during the entire school day, inside the building, and during field trips, unless the administration grants a specific exemption. (Students who arrive late or leave early must also adhere to the Regis Dress Code while on campus.)

Enforcement

- Violations of the dress code are to be addressed immediately. Faculty/staff and student-based reporting to administration is strongly encouraged.
- The Principal or Dean of Students will approach the student and ask him/her to change into extra clothing provided by the school or to make a phone call home to get the appropriate clothing. The student will continue learning from the school office until the dress code violation has been rectified. Parents/guardians will be notified of the dress code violations.
- Students are encouraged to keep an extra dress code top and pants in their lockers in case of violations or emergencies, so parents won't have to make an additional trip to school.
- The faculty and administration of Regis Catholic Schools have the final determination on the acceptability of student dress in cases of a difference of opinion.
 - First time offense: Verbal warning, and asked to change.
 - Second time offense: Detention, and the student is asked to change.
 - Third/Fourth time offense: Half-day in-school suspension, and parent meeting with administration.

General Guidelines

- Each student's appearance must be appropriate to a Catholic School setting. Clothing must be consistent with the teachings of the Catholic faith and morals. No apparel can reference drugs, alcohol, songs, bands, lyrics, or politics. (No inappropriate graphics of any kind.)
- All items must be clean. No worn, faded, frayed, baggy, or excessively tight clothing may be worn.
- Accessories may not draw unnecessary attention; this includes, but is not limited to, makeup, hairstyles, body jewelry, piercings, and large dangling earrings (hoop style). Piercings in visible body parts, other than the ears or cartilage, are not allowed. Students must remove such piercings before the start of the school day.
- Tattoos may not be publicly visible. Age or parental permission is not a consideration.
- Caps, hats, etc., are not to be worn in the building during the school day.
- Hairstyles should be clean and natural, not covering the eyes or face.

Internal Functioning of the Dress Code

- Teachers or students who see a student not following the dress code are to tell the Dean of Students or Principal about the violation.
- The administrator will meet with him/her in a manner, time, and place so as not to draw the attention of others when informing them of the violation.
- A record of all infractions will be kept.

Do you not know that your body is a temple of the holy Spirit within you, whom you have from God, and that you are not your own? For you have been purchased at a price. Therefore, glorify God in your body. 1COR 6:19-20

DSP 5690 (Diocesan School Policy 5690) states that the manner of dress helps the student grow in the virtue of modesty, which is at the foundation of self-respect of others. It further states that dress codes safeguard and promote the Christian learning environment and that expectations are raised positively when there is a different style of dress for school than for other more casual and relaxed venues. For an additional reflection on clothing choices, refer to CCC 2522 (Catechism of the Catholic Church 2522)

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Item	Boys	Girls	Comments
Shirts	<ul style="list-style-type: none"> Collared shirt Henley shirt Polo Dress shirt Buttoned dress shirt Regis shirts of any kind are allowed 	<ul style="list-style-type: none"> Collared shirt Henley shirt Polo Dress blouse Buttoned dress shirt Scoop shirts must cover the back and be no lower than 3 inches from the collarbone Regis shirts of any kind are allowed 	<ul style="list-style-type: none"> No t-shirts No cotton undershirts No logos bigger than a fist (2-3 inches) No graphics No performance shirts Shirts cannot be tight-fitting/backless, or crop No visible undergarments The midriff, shoulders, back, and cleavage must be covered at all times
Sweatshirts	<ul style="list-style-type: none"> Solid color encouraged Regis sweatshirts of any kind are allowed 	<ul style="list-style-type: none"> Solid color encouraged Regis sweatshirts of any kind are allowed 	<ul style="list-style-type: none"> No logos larger than a fist (2-3 inches) No graphics on front or back Solid colors encouraged May not be worn to Mass
Sweaters & Jackets	<ul style="list-style-type: none"> Sweaters Zip-up Quarter zip Pullover sweater Hooded sweaters 	<ul style="list-style-type: none"> Sweaters Zip-up Quarter zip Pullover sweater Hooded sweaters Denim jackets <ul style="list-style-type: none"> No distressing, holes, or fraying 	<ul style="list-style-type: none"> Outdoor and insulated jackets may not be worn during the school day No logos larger than a fist (2-3 inches)
Pants	<ul style="list-style-type: none"> Solid colored dress pants Khaki style pants Colored jeans (not blue) Worn at the natural waistline 	<ul style="list-style-type: none"> Solid colored dress pants Capris Khaki style pants Linen pants Colored jeans (not blue) Worn at the natural waistline 	<ul style="list-style-type: none"> No sweatpants, tracksuit pants, athleisure, pajama bottoms No leggings No undergarments should show No tight or ill-fitting pants Jeans may not have holes or frayed hem
Shorts	<ul style="list-style-type: none"> Solid-colored dress shorts Must have a minimum 5" inseam or hemline that falls below the fingertips 	<ul style="list-style-type: none"> Solid-colored dress shorts Must have a minimum 5" inseam or hemline that falls below the fingertips 	<ul style="list-style-type: none"> May be worn till October 15 and again from April 15 until the end of the school year No jean, athletic, or spandex style shorts
Skirts & Dresses	<ul style="list-style-type: none"> Skirts and dresses are not permitted for boys 	<ul style="list-style-type: none"> Dress/skirt length should not be shorter than 4 inches above the knee, or the hemline must fall below the fingertips Sleeveless dresses should be 3 inches or more at the shoulder No spaghetti straps, halter tops, and tank top dresses 	<ul style="list-style-type: none"> If a dress/skirt is shorter than the approved length, a student must wear leggings under the dress/skirt No visible undergarments The midriff, shoulders, back, and cleavage must be covered at all times

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Mass	<ul style="list-style-type: none"> • Collared shirts/buttoned dress shirt • Tie or bow-tie • Dress slacks/pants, belts, dress shoes • Dress shirts must be tucked • Polos and shorts are acceptable till October 15, and again from April 15 	<ul style="list-style-type: none"> • Dressy blouses • Dress slacks or khakis • Skirt and a blouse • Dress shirt or sweater • Blouses or dress shirts should be tucked 	<ul style="list-style-type: none"> • No colored jeans (including black) • No sweatshirts or Regis spirit gear • Denim jackets <ul style="list-style-type: none"> ◦ No distressing, holes, or fraying
Shoes	<ul style="list-style-type: none"> • Athletic/tennis shoes • Dress shoes • Birkenstock or Croc-style sandals • Dress sandals with a back-strap 	<ul style="list-style-type: none"> • Athletic/tennis shoes • Dress shoes • Birkenstock or Croc-style sandals • Dress sandals with a back-strap 	<ul style="list-style-type: none"> • Shoes must be worn safely and securely on the feet • No flip-flops, slippers, or athletic slides
“Dress Down” A fee will be assessed to pay for this privilege.	<ul style="list-style-type: none"> • Blue jeans • Joggers • Leggings • T-shirts • Athletic jerseys • Sweatshirts (hooded) • Shorts must meet the above requirements 	<ul style="list-style-type: none"> • Blue jeans • Joggers • Leggings • T-shirts • Athletic jerseys • Sweatshirts (hooded) • Shorts must meet the above requirements 	<ul style="list-style-type: none"> • Students are allowed to wear clothes outside of the normal dress code, provided they meet the modesty requirements • Clothing must be school-appropriate; graphics • Jeans <ul style="list-style-type: none"> ◦ No distressing, holes, or fraying
Hairstyles & Facial Hair	<ul style="list-style-type: none"> • Clean natural colored hair • Length does not extend past the collar • Facial hair is <i>not allowed</i> • The face must be clean-shaven 	<ul style="list-style-type: none"> • Clean natural colored hair • Acceptable added colors may include highlights or natural hair color tones 	<ul style="list-style-type: none"> • Hair should be maintained with regular washing, structure appointments, and acceptance of administrative advice, as necessary