



**Regis Campus Dress Code**  
**(Regis Middle School & Regis High School)**  
***“Modesty Matters”***

A dress code promotes a positive school atmosphere, which emphasizes academics and promotes good behavior. Dress codes have proven to increase student achievement by encouraging them to concentrate more on their studies and less on their wardrobe. Students at Regis Middle School and Regis High School are expected to dress in a God-pleasing manner with a focus on the dignity of the human body. It is our expectation that parents/guardians will offer proper guidance to the students in matters of dress.

**The spirit of this dress code was designed by a dress code committee of students to embrace the history and forward direction of Regis Middle School and Regis High School. The dress code, its enforcement, and the internal functioning were designed by the students in the committee.** Students are to comply with the dress code throughout the school day, in the building, and on field trips unless specifically excused by the administration.

**ENFORCEMENT**

- Violations of the dress code are to be addressed immediately. Faculty/staff and student-based reporting to administration are strongly encouraged.
- A female and male representative will be responsible for handling violations by gender.
- The principal or assistant to the principal will approach the student and ask him/her to change into extra clothing provided by the school or to make a phone call home to get appropriate clothing. The student will continue learning from the school office until the dress code violation has been rectified. Parents/guardians will be notified of the dress code violation.
- Students are encouraged to keep an extra dress code top and pants in their lockers in case of violations or emergencies so parents won't have to make an extra trip to school.
- The faculty and administration of Regis Catholic Schools have the final determination on the acceptability of student dress in cases when there is a difference of opinion.

**GENERAL GUIDELINES**

- Each student's appearance must be appropriate to a Catholic school setting.
- There is not to be any saying, picture, or reference on clothing that is inconsistent with Catholic faith and morals. Items which reference drugs or alcohol, songs, or musical groups whose lyrics have contents inconsistent with Catholic teaching are inappropriate for wear.
- All items worn to school must be clean. Worn, faded, frayed, baggy, or excessively tight clothing may not be worn.
- **HAIRSTYLES & FACIAL HAIR:** Hair must be clean, cut to a reasonable length, of natural color, and should not cover the face. Acceptable added colors may include highlights or natural hair color tones. For boys, the length of hair should not be excessive. It should be maintained with regular washing, structure appointments, and acceptance of administrative advice, as necessary. Facial hair is not allowed and the face should be clean-shaven.
- **SHOES:** Shoes must be worn. Any sandals must be secure to the foot. Flip-flops (any footwear with a strip of material between the big and first toe which lacks an ankle and/or heel strap) will not be allowed. Laces are to be tied and appropriate straps need to be used.
- **ACCESSORIES:** Accessories that draw undue attention to a student are not permitted. This includes, but is not limited to, makeup, hairstyles, all unreasonable body jewelry, piercings, etc. Large, dangling, or hoop style earrings should be avoided. Piercings in visible body parts, other than the ears or cartilage, are not allowed. It is the responsibility of the student to remove such piercings prior to the day. Considerations should be made for the timing of any new piercings.
- **BODY ART:** Tattoos may not be publicly visible. Age or parent permission is not a consideration.
- **HEADWEAR:** Caps, hats, etc. are not to be worn in the building during the school day.

**SPECIAL OCCASION, DRESS-UP & DRESS-DOWN DAYS**

- On special occasion dress days (e.g. Homecoming, Winter Carnival, etc.) and dress down days, all attire must demonstrate a standard of modesty. The school reserves the right not to allow participation in activities if dress does not measure up to the school's standard of dress.
- On Mass days, students at both the middle and high school level are expected to look their best. Boys must wear clean, ironed, button-up dress shirts with either a regular tie or bow tie. Dress slacks, belts, and dress shoes are encouraged. Boys will be allowed to wear appropriate shorts and a collared dress/polo shirt from the start of the school year until October 15 and again from April 15 until the end of the school year only. Girls must wear dressy blouses, dress pants, skirts, or dresses. Sweatshirts are not permitted.
- On dress down days, appropriate blue jeans, sweatpants, leggings, t-shirts, athletic jerseys, and hooded sweatshirts may be worn. A monetary donation is usually required in exchange for casual dress. This money is donated to local and diocesan needs.

**DRESS CODE**

Item	Boys	Girls	Comments
Shirts	Collared and henley style shirts are allowed and acceptable. Solid colors, stripes, and plaids are encouraged. No shirt can have a graphic larger than 2 inches. T-shirts, including those made of performance/athletic material, and undergarment shirts can only be worn underneath dress-code approved shirts.	Shirts should be 2 inches wide or wider on the shoulder. No cleavage or undergarments should show. Shirts or blouses must cover the midriff at all times. Shirts with spaghetti straps, halter tops, and thin strap tank tops are not to be worn, unless a layer piece is used over the top. Solid colors, stripes, and plaids are encouraged. No shirt can have a graphic larger than 2 inches. No t-shirts or undergarment shirts are allowed.	T-shirts (of any material), polo shirts, etc. with a Regis logo of any size are allowed.  Patterns will be allowed at the discretion of the administration.
Sweatshirts	Sweatshirts that are a singular solid color may be worn. No sweatshirt can have a graphic larger than 2 inches. No sweatshirts of any kind are permitted to be worn at any time on a Mass day.	Sweatshirts that are a singular solid color may be worn. No sweatshirt can have a graphic larger than 2 inches. No sweatshirts of any kind are permitted to be worn at any time on a Mass day.	Sweatshirts with a Regis logo of any size are allowed.  Senior Privilege: Seniors who have reported their successful college, technical school, or military branch admission to the administration will be permitted to wear the sweatshirt of that university/technical school/military branch on a regular dress code day.

Sweaters & Jackets	Sweaters may be worn. This includes zip-up, quarter zip, and pullover sweaters. Sweaters that have a hood are also acceptable. Light jackets of a solid color and denim are permissible.	Sweaters may be worn. This includes zip-up, quarter zip, and pullover sweaters. Sweaters that have a hood are also acceptable. Light jackets of a solid color and denim are permissible..	Denim jackets cannot be distressed in any manner. No holes, rips, etc. allowed.
Pants	Solid-colored dress pants or solid-colored denim (e.g. black, dark blue, white) may be worn on non-Mass days. Pants must be worn at the waist. Sweatpants, wind pants, athletic wear, leisure wear, pajama bottoms, pants with holes, yoga pants, leggings, ill-fitting pants, and spandex are not to be worn. 'Skinny pants' are permitted if they are a 'pants' material. Generally, these have stitching and/or pockets that are consistent with the term 'pants'. No undergarments should show.	Solid-colored dress pants or solid-colored denim (e.g. black, dark blue, white) may be worn on non-Mass days. Pants must be worn at the waist. Sweatpants, wind pants, athletic wear, leisure wear, pajama bottoms, pants with holes, yoga pants, leggings, ill-fitting pants, and spandex are not to be worn. 'Skinny pants' are permitted if they are a 'pants' material. Generally, these have stitching and/or pockets that are consistent with the term 'pants'. Gauchos and Capri pants are acceptable. Pants, not leggings, must be worn under longer sweaters or tunic tops. No undergarments should show.	<p><b>** The addition of solid-colored denim to the dress code is temporary and under evaluation until Christmas Break 2021. It will be reviewed at that time.</b></p> <p>Denim pants cannot be distressed in any manner. No holes, rips, etc. allowed.</p>
Shorts	Solid-colored dress shorts (not athletic or jeans) will be allowed from the start of the school year until October 15 and again from April 15 until the end of the school year. Shorts should be appropriate in length.	Solid-colored dress shorts (not athletic or jeans) will be allowed from the start of the school year until October 15 and again from April 15 until the end of the school year. Shorts should be appropriate in length.	If the length of shorts is brought into question, the student will measure his or her femur from the hip to the top of his or her knee. That total length will be divided by 4. The shorts must measure $\frac{3}{4}$ of that total in length and cannot be any shorter than $\frac{1}{4}$ of the total length from the top of the kneecap.
Skirts/Dresses	Skirts/dresses are not permitted for boys.	Skirts/dresses should fit properly. Dresses with spaghetti straps, halter tops, and tank tops are not to be worn, unless a layering piece is used over the top. Sleeveless dresses should be 2 inches wide or wider at the shoulder if worn without a layering piece. No cleavage should show. We encourage	If the length of skirts/dresses is brought into question, the student will measure his or her femur from the hip to the top of his or her knee. That total length will be divided by 4. The shorts must measure $\frac{3}{4}$ of that total in length and cannot be any shorter than $\frac{1}{4}$ of the total length from the top of the

		<p>Spandex shorts to be worn under skirts/dresses to ensure modesty.</p> <p>Patterns will be allowed at the discretion of the administration.</p>	<p>kneecap. If a skirt is shorter than the approved length, a student may wear leggings under the skirt.</p>
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**INTERNAL FUNCTIONING OF THE DRESS CODE**

- Teachers or students who see a student not following the dress code are to email or tell the assistant to the principal or principal about the violation.
- The administrator who is the same gender of the student will meet with him/her in a manner, time, and place so as to not draw the attention of others when informing them of the violation.
- A record of all infractions will be kept.

***Do you not know that your body is a temple of the holy Spirit within you, whom you have from God, and that you are not your own? For you have been purchased at a price. Therefore, glorify God in your body. 1 COR 6:19-20***

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*DSP 5690 (Diocesan School Policy 5690) states that the manner of dress helps the student grow in the virtue of modesty which is at the foundation of self-respect of others. It further states that dress codes safeguard and promote the Christian learning environment and that expectations are raised positively when there is a different style of dress for school than for other more casual and relaxed venues. For an additional reflection on clothing choices, refer to CCC 2522 (Catechism of the Catholic Church 2522).*