NOVEMBER 2026

Regis Middle/High School Meals
Grab N' Go Breakfast and Lunch

REGIS Catholic Schools

Monday	Tuesday	Wednesday	Thursday	Friday
NO SCHOOL **2**	**Grab n Go** **3** Cereal Bowls, Breakfast Bar or Assorted Bakery Item & Fresh Fruit **Lunch:** Beef Walking Tacos Lettuce/Tomato/Cheese/Salsa Seasoned Refried Beans Mandarin Oranges/100% Grape Juice	**Grab n Go** **4** Cereal Bowls, Breakfast Bar or Assorted Bakery Item & Fresh Fruit **Lunch:** Pizza Hut Pizza - Cheese or Pepperoni Tossed Salad/Cherry Tomatoes Broccoli Florets Applesauce/Orange Wedges	**Grab n Go** **5** Cereal Bowls, Breakfast Bar or Assorted Bakery Item & Fresh Fruit **Lunch:** Baked Mini Corn Dogs Green Beans Cucumber Slices/Red Pepper Strips Chilled Peaches/Banana Ice Crem Cup	**Grab n Go** **6** Cereal Bowls, Breakfast Bar or Assorted Bakery Item & Fresh Fruit **Lunch:** Chicken Fajitas Baked Tator Tots Baby Carrots Chilled Pears/Fresh Apple
Grab n Go **9** Cereal Bowls, Breakfast Bar or Assorted Bakery Item & Fresh Fruit **Lunch:** Baked Chicken Nuggets Baked French Fries Mixed Vegetables Applesauce/Orange Wedges	**Grab n Go** **10** Cereal Bowls, Breakfast Bar or Assorted Bakery Item & Fresh Fruit **Lunch:** Hot Dog on a Bun Baked Beans Cucumber Slices Melon Wedge/Chilled Pears Fresh Baked Cookie	**Grab n Go** **11** Cereal Bowls, Breakfast Bar or Assorted Bakery Item & Fresh Fruit **Lunch:** Pizza Hut Pizza - Cheese or Pepperoni Tossed Salad/ Cherry Tomatoes Celery Sticks Chilled Peaches/Fresh Apple	**Grab n Go** **12** Cereal Bowls, Breakfast Bar or Assorted Bakery Item & Fresh Fruit **Lunch:** Beef Nacho Bar Steamed Kernel Corn Lettuce/Tomato/Salsa Mixed Fruit/100% Apple Juice	**Grab n Go** **13** Cereal Bowls, Breakfast Bar or Assorted Bakery Item & Fresh Fruit **Lunch:** Macaroni & Cheese W/ Garlic Breadstick Steamed Mixed Vegetables Baby Carrots Pineapple Tidbits/Seedless Grapes
Grab n Go **16** Cereal Bowls, Breakfast Bar or Assorted Bakery Item & Fresh Fruit **Lunch:** Sloppy Joe on a Bun Baked Beans Cucumber Slices Mixed Fruit/100% Fruit Punch Juice	**Grab n Go** **17** Cereal Bowls, Breakfast Bar or Assorted Bakery Item & Fresh Fruit **Lunch:** Chicken Patty on a Bun Sweet Potato Fries Green Beans Chilled Peaches/Fresh Kiwi	**Grab n Go** **18** Cereal Bowls, Breakfast Bar or Assorted Bakery Item & Fresh Fruit **Lunch:** Pizza Hut Pizza - Cheese or Pepperoni Tossed Salad/ Cherry Tomatoes Cauliflower Florets Mixed Fruit/Fresh Apple	**Grab n Go** **19** Cereal Bowls, Breakfast Bar or Assorted Bakery Item & Fresh Fruit **Lunch:** Chicken Smackers Whipped Potatoes Whole Kernel Corn Mandarin Oranges/Fresh Banana	**Grab n Go** **20** Cereal Bowls, Breakfast Bar or Assorted Bakery Item & Fresh Fruit **Lunch:** Mozzarella Dippers w/ Pizza Sauce Green Peas Baby Carrots Chilled Pears/Orange Wedges
Grab n Go **23** Cereal Bowls, Breakfast Bar or Assorted Bakery Item & Fresh Fruit **Lunch:** Hamburger on a Bun Baked Potato Wedges Cucumber Slices Mixed Fruit/Fresh Apple	**Grab n Go** **24** Cereal Bowls, Breakfast Bar or Assorted Bakery Item & Fresh Fruit **Lunch:** Turkey with Gravy Mashed Potatoes Stuffing/Green Beans Dinner Roll/Fresh Baked Cookies Fresh Fruit	NO SCHOOL **25**	NO SCHOOL **26** THANKSGIVING DAY	NO SCHOOL **27**
Grab n Go **30** Cereal Bowls, Breakfast Bar or Assorted Bakery Item & Fresh Fruit **Lunch:** BBQ Pulled Pork on a Bun Baked Beans Broccoli Florets Pineapple Tidbits/100% Grape Juice				

Milk is offered with all meals & includes a choice of White or Chocolate.
This institution is an equal opportunity provider. Menus are subject to change.
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