

# IMMACULATE CONCEPTION

Elementary School

## IC What's Happening!!

September 22, 2023

**Absences:** If your child will be absent or tardy **please call the school office no later than 9:30 a.m. at (715)830-2276** or text the I.C. cell phone at 715-450-4587. Mrs. Travis calls all parents who child/children are not accounted for. We appreciate your cooperation since this is time consuming for the office. If you plan to pick up your child early for an appointment, please send a note to your child's teacher, which will be routed to the school office so we are all made aware. Should you choose to email your teacher about an absence or early pick up, please copy Mrs. Travis [ltravis@regiscatholicschools.com](mailto:ltravis@regiscatholicschools.com) on the message since she needs to document this information. **THANK YOU!**

**Dismissal-** If you are picking up your child at the end of the day, please enter through door #6 (located on West side of parking lot) and exit through door #5 (located in parking lot by trophy case). Please do not let your children run across the parking lot. Playing on the playground is parental supervision only, please do not allow your children to play in the parking lot or gym while you socialize.

We will have **Spirit day** on Tuesday, September 26th. Students may wear out of uniform shorts/pants and Regis spirit shirts. All proceeds going to help benefit the Regis Catholic Schools Auction. This is the single biggest fundraiser for our St. Benedict Tuition Assistance Scholarship, which makes tuition at our schools affordable for all families. If you can't attend the event in person you will have an opportunity to register to bid on our great silent auction items online. Watch for more information!!

Before and After School parents: No parking is allowed in the alley, not even for a few minutes. Please do not block the fire lane or dumpsters.

There is a Home and School meeting on September 26th at 6:00 p.m. in the Oak Room. Room parents and helpers are asked to attend at 5:00 p.m. for training.

Rosary Club meets every Wednesday after school. If interested in joining, please contact Ms. McCandless.

### **Learning Today, Leading Tomorrow**

Regis Catholic Schools is dedicated to educating students of all faiths in a Catholic, Christ-centered environment. We are united by Our Core Values of *Living Faith, Accepting Responsibility, Promoting Teamwork, Achieving Excellence, and Inspiring Leadership.*

# OCTOBER 2023

Regis Elementary School Meals  
Grab n' Go Breakfast & Lunch

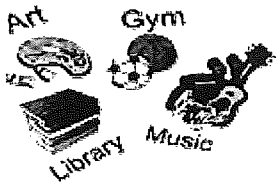
This institution is an equal opportunity provider. Menus are subject to change



Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>2</b></p> <p>Grab n' Go Cereal Bowls or Breakfast Bars Combo kits Fresh Fruit</p> <p>Lunch Mozzarella Dipper w/ Pizza Baked Beans Broccoli Florets Mandarin Oranges/Fresh Apple</p>	<p><b>3</b></p> <p>Grab n' Go Cereal Bowls or Breakfast Bars Combo kits Fresh Fruit</p> <p>Lunch Chicken Patty on a Bun Baked Seasoned Fries Green Beans Baby Carrots Grapes/Chilled Applesauce</p>	<p><b>4</b></p> <p>Grab n' Go Cereal Bowls or Breakfast Bars Combo kits Fresh Fruit</p> <p>Lunch Pizza Hut *Pizza Cheese or Pepperoni Baked Tater Tots Tossed Salad/Celery Sticks Chilled Peaches/ Orange Wedges</p>	<p><b>5</b></p> <p>Grab n' Go Cereal Bowls or Breakfast Bars Combo kits Fresh Fruit</p> <p>Lunch Hot Dog on a *Bun Tossed Salad Cucumber Slices Kiwi/ Strawberries</p> <p>No School</p>	<p><b>6</b></p> <p>Grab n' Go Cereal Bowls or Breakfast Bars Combo kits Fresh Fruit</p> <p>Lunch Mac and Cheese Whole Kernel Corn Sweet Potato Fries Milked Fruit/Fresh Apple Fresh Baked Cookie</p>
<p><b>9</b></p> <p>Grab n' Go Cereal Bowls or Breakfast Bars Combo kits Fresh Fruit</p> <p>Lunch Hamm &amp; Cheese Stackler Baked Tater Tots Baby Carrots Chilled Peas/Fresh Apple</p>	<p><b>10</b></p> <p>Grab n' Go Cereal Bowls or Breakfast Bars Combo kits Fresh Fruit</p> <p>Lunch Walking Taco Lettuce/Tomato/Cheese/Salsa Seasoned Refried Beans Cucumber Slices Mandarin Oranges/Banana</p>	<p><b>11</b></p> <p>Grab n' Go Cereal Bowls or Breakfast Bars Combo kits Fresh Fruit</p> <p>Lunch Pizza Hut * Pizza Cheese or Pepperoni Tossed Salad Celery sticks/Tomatoes Applesauce/Orange Wedges</p>	<p><b>12</b></p> <p>Grab n' Go Cereal Bowls or Breakfast Bars Combo kits Fresh Fruit</p> <p>Lunch Nachio Bar Beer Lettuce/Tomato/Salsa Black Bean salad Mixed Fruit Orange Wedges</p>	<p><b>13</b></p> <p>No School</p>
<p><b>16</b></p> <p>Grab n' Go Cereal Bowls or Breakfast Bars Combo kits Fresh Fruit</p> <p>Lunch Meatball Sandwich Baked Potato Rounds Mixed Vegetables Applesauce/Orange Wedges</p>	<p><b>17</b></p> <p>Grab n' Go Cereal Bowls or Breakfast Bars Combo kits Fresh Fruit</p> <p>Lunch Hot Dog on a *Bun Baked Beans Cucumber slices Cantaloupe Wedges Chilled Peas</p>	<p><b>18</b></p> <p>Grab n' Go Cereal Bowls or Breakfast Bars Combo kits Fresh Fruit</p> <p>Lunch Pizza Hut *Pizza Cheese or Pepperoni Tossed Salad Cherry Tomatoes/Green Peas Chilled Peaches/Fresh Apple</p>	<p><b>19</b></p> <p>Grab n' Go Cereal Bowls or Breakfast Bars Combo kits Fresh Fruit</p> <p>Lunch Chicken Nuggets Baked Potato Wedges Green Peas Mandarin Oranges/Kiwi</p>	<p><b>20</b></p> <p>Grab n' Go Cereal Bowls or Breakfast Bars Combo kits Fresh Fruit</p> <p>Lunch Fish Stick Whole Kernel Corn Baby Carrots Seedless Grapes/Pineapple Tidbits Ice Cream Cup</p>
<p><b>23</b></p> <p>Grab n' Go Cereal Bowls or Breakfast Bars Combo kits Fresh Fruit</p> <p>Lunch Sloppy Joe on a Bun Baked Beans Cucumber Slices Warm Apple Slices/ Fresh Apple</p>	<p><b>24</b></p> <p>Grab n' Go Cereal Bowls or Breakfast Bars Combo kits Fresh Fruit</p> <p>Lunch Cheeseburger on a Bun Sweet Potato Fries Baby Carrots Banana/Chilled Peaches</p>	<p><b>25</b></p> <p>Grab n' Go Cereal Bowls or Breakfast Bars Combo kit Fresh Fruit</p> <p>Lunch Pizza Hut *Pizza Cheese or Pepperoni Tossed Salad Broccoli/Cauliflower Orange Wedge</p>	<p><b>26</b></p> <p>Grab n' Go Cereal Bowls or Breakfast Bars Combo kits Fresh Fruit</p> <p>Lunch Mozzarella Dippers w/Pizza Sauce Whole Kernel Corn Green Beans Chilled Peas/Fresh Apple</p>	<p><b>27</b></p> <p>Grab n' Go Cereal Bowls or Breakfast Bars Combo kits Fresh Fruit</p> <p>Lunch Hard Shell Tacos Lettuce/Tomatoes/Salsa Refried Beans / Spanish Rice Cucumber Slices Chilled Peas/Fresh Apple Fresh Baked Cookie</p>
<p><b>30</b></p> <p>Grab n' Go Cereal Bowls or Breakfast Bars Combo kits Fresh Fruit</p> <p>Lunch Chicken Nuggets Whipped Potatoes Cherry Tomatoes Milked Fruit /Orange Wedge</p>	<p><b>31</b></p> <p>Grab n' Go Cereal Bowls or Breakfast Bars Combo kits Fresh Fruit</p> <p>Lunch Hard Shell Tacos Lettuce/Tomatoes/Salsa Refried Beans / Spanish Rice Cucumber Slices Chilled Peas/Fresh Apple Fresh Baked Cookie</p>			

\*Milk is offered with all meals & includes a choice of White Skim or Chocolate Skim

School Information: Contact Teresa Culbert at 715-830-9627 or email at [tculbert@regiscatholicsschools.com](mailto:tculbert@regiscatholicsschools.com)  
or Jackie Buck at 715-830-2271 ext. 1007 or email at [jbuck@regiscatholicsschools.com](mailto:jbuck@regiscatholicsschools.com)



# Specialist Newsletter

## September, 2023

### LIBRARY - MRS. LYNCH

We're off to a good start in the library. We've been going over library rules and procedures and reading some fun stories. We're also learning about all the cool events going on at the Eau Claire Public Library. You can visit the library website for a calendar of all September events at [www.ecpubliclibrary.info](http://www.ecpubliclibrary.info).

### Guidance - Mrs. McElroy, School Counselor

This month in guidance class we have started the school year with minute meetings and Safe Environment training. This is an important time of year to help students feel comfortable, safe and confident at school. Safe Environment will be completed in all classrooms this month.

Minute Meetings are new this year; I meet with each student for about a minute and ask each student questions related to how they are feeling about safety, support systems and trusted adults in their lives. Students who feel safe are more attentive, and more efficient in class. In addition, students who have trusted adults in their lives are more engaged in school and community, have better overall health and are less likely to engage in risky behaviors. Minute meetings will take place again in the spring.

In October during guidance classes students will be starting Second Step lessons on learning skills, and empathy and respect. Skills include listening rules, focusing attention, following directions, self talk for staying on task, being assertive and making a plan. Look for Homelink letters coming home to see what your student is learning about in guidance class.

I will be starting small groups (Lunch Bunch) in October. These groups are created with specific needs of a small group of students in mind. Group topics can range from coping with worries to learning to be a better friend. If you are interested in a group for your student please feel free to contact me.

As always, if your child has a specific need and you would like for me to meet with him or her please feel free to contact me. [cmcelroy@case.k12.wi.us](mailto:cmcelroy@case.k12.wi.us)

### **Art** with Miss LaRose - [hlarose@regiscatholicschools.com](mailto:hlarose@regiscatholicschools.com)

Welcome back to art class! I'm looking forward to seeing what the elementary students create this year. I teach at all three of our Regis Elementary schools and I know our students are ready to get into making artistic decisions as well as messes. All students should have an art shirt at school to keep their uniform from getting stained on messy art days. I do have some extra old t-shirts or smocks at each building, but it is always nice to have your own. Additionally, you may have received an email from me asking for a sketchbook for your student. All students in grades 1 through 5 use sketchbooks in art class. We use them to plan ideas for projects, practice art techniques and concepts, and for drawing in during extra class time after finishing a project. If a student uses all their sketchbook pages I will send their sketchbook home with them to remind them that they need a new sketchbook. Otherwise, all sketchbooks stay in the art room to be used as needed, often lasting through 5th grade. We are wrapping up our first projects as of this newsletter going out, so please keep an eye out for student artworking coming your way in person, on display at school, or online through Artsonia.

# artsonia

<https://www.artsonia.com/>

A new school year means a new round of projects are about to appear on Artsonia! Thank you to everyone who uses Artsonia to view, comment, share, or purchase gifts featuring our elementary artworks. I love hearing from families who participate in Artsonia in any way. It tells me that you appreciate the work that our elementary artists are doing to develop their creative skills and lets me know you value the time it takes to post all our projects.

For families new to our schools, I would like to introduce you to Artsonia. I use this website to organize student work into an online portfolio that is attached to a parent/guardian email. This is a useful way to share art projects with other family members and keep track of all the artworks that your child makes during their time in their Regis Elementary school. If you know you would not like to participate in using Artsonia, please email me and I will not set up a portfolio for your student.

Artsonia is also a fundraising website which offers a wide range of products to have student art printed on to turn it into gifts and keepsakes. They have simple things from cards and canvas as well as Christmas ornaments, t-shirts, mugs, and tote bags. 20% of every student art item purchased from the Artsonia Gift Shop is donated back to the student's art classroom. These funds are very useful for purchasing extra art supplies during the school year. The gift shop is a nice feature for making memories and gifts, but its use is not required to enjoy Artsonia. Thank you again to everyone who uses Artsonia in any capacity to support our young creatives.

**Donation Note:** Any time I am looking for specific donations for my art classrooms, I will post those requests here in the Specialist Newsletter. You can also find information on donating items on my Regis webpage, or by emailing me to ask if the students and I could use specific things you would like to offer towards making art and organizing the art room. If you do have a question to email, please include the school which you would be donating to so I can assess if there is a need. For now, I am not requesting any items.

## Spanish - Señora Lynne Larabee

The school year starts with greetings, introductions and learning how to say 'my name is' in Spanish. We start on grade level prayers right away, reviewing what was learned last year. (Except for Kindergarten) Practicing numbers with a 'number race' timing and learning different greetings and courtesy vocabulary will also be topics later in the month. It takes us a couple weeks to get organized with our folders and learn/remember our class protocols. Grades 2-5 get to choose a Spanish name for class and will make nametags. Grades 4-5 will log into our Spanish Google Classroom for their class and begin learning how to use Google Classroom and Quizlet. I will post weekly assignments there for them. Grade 4 will start earning an effort grade on their quarterly report cards this year and Grade 5 will receive an achievement (letter grade) and effort grade quarterly. Do not hesitate to contact me by email or phone if you have any questions or concerns. Check out my microsite on your school's website to see what grades K-3 have worked on each week with links to songs, stories, and videos. <https://www.regiscatholicschools.com/staff/lynne-larabee/assignments/>

Blessings for a wonderful fall (otoño),

## Music - Mrs. Miller

The music classes have been busy with music games, solfege (do-re-mi, etc), singing, rhythm reading and playing various percussion and mallet instruments! I am currently working on a cantor schedule for 4th and 5th grade students interested in being a cantor for school Mass on Thursdays. Schedules will be sent home once they are complete.

## Phy Ed. - Mrs. Vallez

The school year is off to a great start in PE! We worked hard on establishing gym expectations and routines and I am very impressed with all of the classes K-5th. We spent the majority of the first weeks of school playing games that incorporated team work, strategy, fundamental movement skills, body awareness and fitness. We also discussed the importance of good sportsmanship, something we will continue to work on throughout the year. It has been an active start to the year and I look forward to the weeks ahead.

# happenings

We had a great turn out for our fall Family Fun Night where we were wowed by the Magic of Isaiah! Thank you to all our volunteers and all our families who attended this event!



# home & school gazette

## events

Home and School will be gearing up for our next BIG event: Our third annual Fall Pie Fundraiser. We partner with Norske Nook and have delicious pies available for purchase. Last year, 324 pies were sold, just in time for Thanksgiving! All proceeds from the pie sales go directly into the events we plan throughout the year! More information will be available in the weeks ahead!



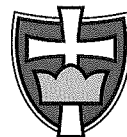
## meetings

**Tuesday, September 26 at 5:00 pm**

- Mandatory for all Room Parents

**Tuesday, September 26 at 6:00 pm**

- Meeting Agenda:
    - Fall Pie Fundraiser
    - Teacher and Staff Sunshine Committee
  - If you volunteered for the above events, or you want to learn more about them, please attend the Tuesday meeting!
- Meetings located in the Oak Room



HOME & SCHOOL  
ASSOCIATION

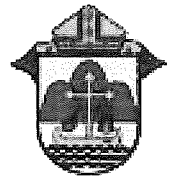


Courtenay Bydash (co-chair)

- Evelyn 4th & Julianna K
- Kate Bobholz (co-chair)
- Ella 2nd & Nora 4K
- Ronda Ryder (Treasurer)
- Nolan 5th & Wyatt 2nd
- Crystal Weiland (Secretary)
- Avryl 2020 graduate, Petrah 5th,  
& Neva 2nd

## the board





# Diocese of La Crosse

## SAFE ENVIRONMENT STUDENT TRAINING DECLINATION

The Diocese of La Crosse provides Safe Environment training **from the Catholic perspective** to participating individuals in its programs.

The substance and focus of Safe Environment Training is as follows:

**Kindergarten-Second Grade:** Students will learn about their **dignity** (their incredible worth) as **children of God** and the respect that each person deserves as a child of God. Students will learn about safety, safe environment and the care that is to surround them, the difference between appropriate, kind actions and behavior that makes them feel safe, secure and loved, and inappropriate, harmful actions and behaviors that makes them feel uncomfortable or unsafe.

**Grade Three-Five:** Students will learn about the virtue of **respect**, which is based upon the **dignity of each human person**. Students will learn the importance of saying “no” to inappropriate, harmful actions, behavior and touch that makes them feel uncomfortable or unsafe. Children will be encouraged to tell immediately a trusted adult when these situations arise and will learn about the buddy system.

**Grades Six-Eight:** Students will learn about how each person, including themselves, must be treated with **respect**. Students will learn about, and seek to develop or further develop, the virtue of **prudence**-making good decisions. Students will learn practical tips for keeping themselves safe and will discuss defensive and assertive body language to protect themselves.

**High School:** Students will understand virtue, which are **good moral habits**, and vice, which are bad moral habits. Students will discuss the virtue of **chastity** and **modesty**; learn practical steps for protecting themselves and others from sexual abuse, including the ability to recognize warning signs and how to react to abuse and the possible threat of abuse.

- I acknowledge that the Diocese of La Crosse has offered my child Safe Environment education by the Charter for the Protection of Children and Young People and by the Safe Environment Program of the Diocese of La Crosse.
- I am declining the training and do not want my student(s) to participate in the Safe Environment Program.

My reasons for opting out are: \_\_\_\_\_

Parent Name (printed): \_\_\_\_\_ Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Children(s) Name(s): \_\_\_\_\_

School/Parish: \_\_\_\_\_

System/City: \_\_\_\_\_

Dear Families,

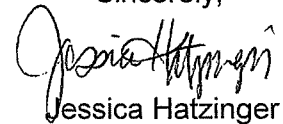
September 2023

My name is Jessica Hatzinger and I am the Box Tops Coordinator for Immaculate Conception. This year, our school will once again be participating in the Box Tops program. Our teachers and students need our help more than ever. Box Tops is a fast and easy way to support Immaculate Conception Elementary School.

HERE'S HOW IT WORKS: Buy participating products and use the Box Tops mobile app to scan your store receipt. The app identifies eligible products and automatically adds Box Tops to your school's earnings online. Even if you're shopping online or doing grocery pickup, you can still submit your e-receipts and earn Box Tops. Traditional Box Tops are still allowed until they are expired, so if you still have any at home, please send them to the school office. Twice a year, our school gets a check! Your earnings may seem small, but they really do add up. The more people that participate, the bigger the impact we can make. So let's give our teachers the support they need and help give more kids the opportunity to dream. Little by little, we can help make a big difference.

Thanks for all of your support!

Sincerely,

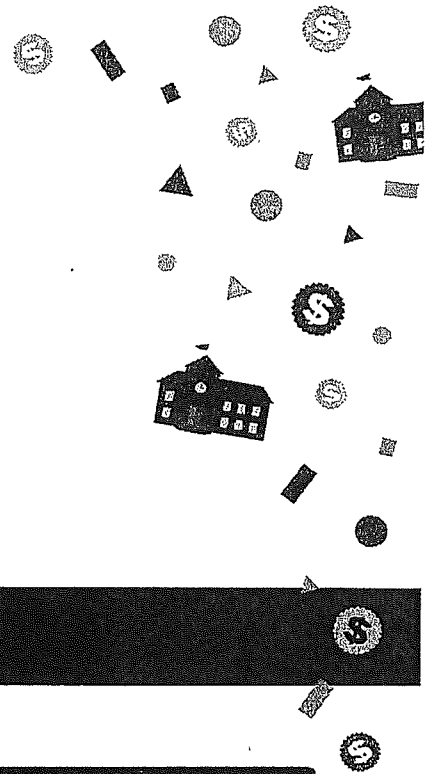


Jessica Hatzinger

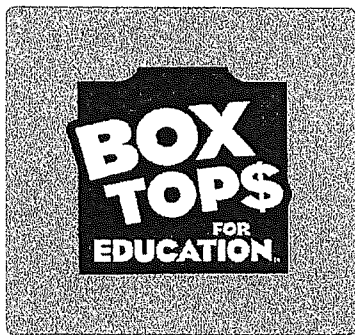
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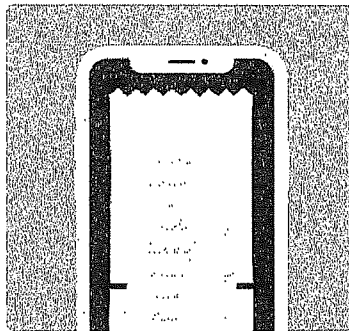


## HERE'S HOW IT WORKS:



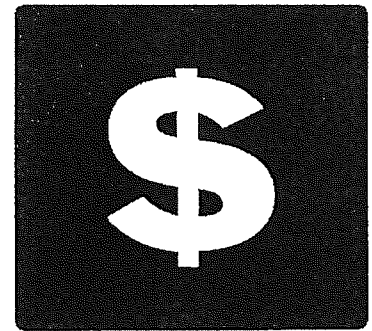
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### EARN CASH FOR SCHOOLS

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