

# MAY 2022

## Regis Elementary School Meals Grab n` Go Breakfast & Lunch



This is an equal opportunity provider. Menus are subject to change.

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

**2**  
Grab n` Go  
Cereal Bowls or  
Breakfast Bars Combo kits  
Fresh Fruit  
Lunch  
\*Popcorn Chicken w/ Breadstick  
Tater Tots  
Mixed Vegetables  
Applesauce  
Orange Wedges.

**3**  
Grab n` Go  
Cereal Bowls or  
Breakfast Bars Combo kits  
Fresh Fruit  
Lunch  
B-que Pulled Pork on a \*Bun  
Baked Beans  
Cucumber slices  
Cantaloupe Wedges  
Chilled Pears

**4**  
Grab n` Go  
Cereal Bowls or  
Breakfast Bars Combo kits  
Fresh Fruit  
Lunch  
Pizza Hut \*Pizza  
Cheese or Pepperoni  
Tossed Salad  
Cherry Tomatoes/Green Peas  
Chilled Peaches/Fresh Apple

**5**  
Grab n` Go  
Cereal Bowls or  
Breakfast Bars Combo kits  
Fresh Fruit  
Lunch  
Nacho Bar-  
Beef or Chicken  
Lettuce/Tomato/Salsa  
Black Bean Salad  
Mixed Fruit/Orange Wedges

**6**  
Grab n` Go  
Cereal Bowls or  
Breakfast Bars Combo kits  
Lunch  
Fish Stick  
Whole Kernel Corn  
Baby Carrots  
Seedless Grapes/Pineapple Tidbits

**9**  
Grab n` Go  
Cereal Bowls or  
Breakfast Bars Combo kits  
Fresh Fruit  
Lunch  
Sloppy Joes on a Bun  
Baked Beans Cucumber Slices  
Warm Apple Slices/ Fresh Apple

**10**  
Grab n` Go  
Cereal Bowls or  
Breakfast Bars Combo kits  
Fresh Fruit  
Lunch  
Turkey & Cheese on a \*Bun  
Sweet Potato Fries  
Baby Carrots  
Banana/Chilled Peaches

**11**  
Grab n` Go  
Cereal Bowls or  
Breakfast Bars Combo kit  
Fresh Fruit  
Lunch  
Pizza Hut \*Pizza  
Cheese or Pepperoni  
Tossed Salad  
Broccoli/Cauliflower  
Mixed Fruit/Orange Wedge

**12**  
Grab n` Go  
Cereal Bowls or  
Breakfast Bars Combo kits  
Fresh Fruit  
Lunch  
Popcorn Chicken  
Baked Potato Wedges  
Green Peas  
Mandarin Oranges/Kiwi

**13**  
**\*Walk for Virtues\***  
Grab n` Go  
Cereal Bowls or  
Breakfast Bars Combo kits  
Fresh Fruit  
Lunch  
Hot Dogs  
Baked Chips  
Carrots/ Apples  
Milk

**16**  
Grab n` Go  
Cereal Bowls or  
Breakfast Bars Combo kits  
Fresh Fruit  
Lunch  
Hamburger on a \* Bun  
Whipped Potatoes  
Cherry Tomatoes  
Mixed Fruit/Orange Wedges

**17**  
Grab n` Go  
Cereal Bowls or  
Breakfast Bars Combo kits  
Fresh Fruit  
Lunch  
Soft Shell Tacos  
Lettuce/Tomatoes/Salsa  
Refried Beans / Spanish Rice  
Cucumber Slices  
Chilled Pears/Fresh Apple

**18**  
Grab n` Go  
Cereal Bowls or  
Breakfast Bars Combo kits  
Fresh Fruit  
Lunch  
Pizza Hut \*Pizza  
Cheese or Pepperoni  
Tossed Salad  
Carrots & Celery Sticks  
Chilled Peaches/Melon Wedges

**19**  
Grab n` Go  
Cereal Bowls or  
Breakfast Bars Combo kits  
Fresh Fruit  
Lunch  
Spaghetti w/ Meat Sauce  
Green Beans  
Steamed Broccoli  
Pineapple Tidbits/Fresh Apple

**20**  
Grab n` Go  
Cereal Bowls or  
Breakfast Bars Combo kits  
Lunch  
Toasted Cheese Sandwich  
Tossed Salad  
Tomato Soup  
Baby Carrots  
Chilled Pears/Fresh Apple

**23**  
Grab n` Go  
Cereal Bowls or  
Breakfast Bars Combo kits  
Fresh Fruit  
Lunch  
Ham Stacker on a Bun  
Baked Beans  
Broccoli Florets  
Mandarin Oranges/Fresh Apple

**24**  
Grab n` Go  
Cereal Bowls or  
Breakfast Bars Combo kits  
Fresh Fruit  
Lunch  
Chicken Patty on a \*Bun  
Baked Seasoned Fries  
Green Beans/Baby Carrots  
Grapes/ Chilled Applesauce

**25**  
Cereal Bowls or  
Breakfast Bars Combo kits  
Fresh Fruit  
Lunch  
Pizza Hut \*Pizza  
Cheese or Pepperoni  
Baked Tater Tots  
Tossed Salad  
Celery Sticks  
Chilled Peaches/ Orange Wedges

**26**  
Grab n` Go  
Cereal Bowls or  
Breakfast Bars Combo kits  
Fresh Fruit  
Lunch  
Hamburger on a Bun  
Tossed Salad  
Cucumber Slices  
Kiwi/ Strawberries

**27**  
Grab n` Go  
Cereal Bowls or  
Breakfast Bars Combo kits  
Lunch  
Fish Sticks  
Whole Kernel Corn  
Sweet Potato Fries  
Mixed Fruit/Fresh Apple

**30**  
**No School**

**31**  
**MAY 31<sup>st</sup>- Cooks Choice**  
**June 1<sup>st</sup>- Cooks Choice**  
**June 2<sup>nd</sup> School Picnic-Hot Dogs**

\*Milk offered with all meals & includes choice of Skim or Chocolate Skim