

MAY 2026

Regis Middle/High School Meals
Grab N' Go Breakfast and Lunch



This institution is an equal opportunity provider. Menus are subject to change.

Monday

Tuesday

Wednesday

Thursday

Friday

Grab n Go **4**
*Mini Cini's/Cheese stick 100% Juice
And Fresh Fruit
Lunch:
*Parmesan Chicken Caesar Wraps
Mixed Vegetables 1
Baby Carrots
Applesauce/Orange Wedges

Grab n Go **11**
*Breakfast Bread/Cheese Stick
100% Juice and Fresh Fruit
Lunch:
*Chicken Nuggets 2
Whipped Potatoes
Steamed Carrots/Cucumber Slices
Mixed Fruit/Orange Wedges

Grab n Go **18**
*Mini Cini's/Cheese stick 100% Juice
And Fresh Fruit
Lunch:
*Pulled Pork Nachos
Lettuce/Tomato/Salsa 3
Black Beans
Chilled Pears/Strawberries

NO SCHOOL **25**

Grab n Go **5**
*Muffin Yogurt/100% Juice
and Fresh Fruit
Lunch:
*Hot Dog on a Bun
Baked Beans/Cucumber Slices
Cantaloupe wedges
Chilled Pears/Dessert

Grab n Go **12**
*Benefit Bar Yogurt/100% Juice
and Fresh Fruit
Lunch:
*Chicken Smackers
Baked Potato Wedges
Baby Carrots
Chilled Peaches/Fresh Apple

Grab n Go **19**
*Muffin Yogurt/100% Juice
and Fresh Fruit
Lunch:
*Baked Mini Corn Dogs
Cherry Tomatoes
Baked Beans
Chilled Pears/Apple

Grab n Go **26**
*Benefit Bar Yogurt/100% Juice
and Fresh Fruit
Lunch:
*Chicken Patty on a Bun
Baked Seasoned Fries
Broccoli Florets/Baby Carrots
Grapes/Applesauce

Grab n Go **6**
*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit
Lunch:
*Pizza Hut Pizza Cheese or Pepperoni
Tossed Green Salad
Cherry Tomatoes/Green Peas
Chilled Peaches/Apple

Grab n Go **13**
*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit
Lunch:
*Pizza Hut Pizza Cheese or Pepperoni
Tossed Salad
Broccoli/Cauliflower
Mixed Fruit/Orange Wedge

Grab n Go **20**
*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit
Lunch:
*Pizza Hut Pizza Cheese or Pepperoni
Tossed Salad
Carrots/Celery Sticks
Chilled Peaches/Melon Wedges

Grab n Go **27**
*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit
Lunch:
*Pizza Hut Pizza Cheese or Pepperoni
Tossed Salad/Celery Sticks
Cherry Tomatoes
Applesauce/Orange Wedges

Grab n Go **7**
*UBR Bar Cheese Stick/100% Juice
And Fresh Fruit
Lunch:
*Nacho Bar Beef or Chicken
Fiesta Black Beans
Lettuce/Tomato/Salsa
Mixed Fruit/Oranges Wedges

Grab n Go **14**
*Pop Tart/ Cheese Stick 100% Juice
And Fresh Fruit
Lunch:
*Teriyaki Chicken w Brown Rice Pilaf
Whole Kernel Corn
Green Peas
Mandarin Oranges/Kiwi

Grab n Go **21**
*UBR Bar Cheese Stick/100% Juice
And Fresh Fruit
Lunch:
*Spaghetti W/ Meat Sauce
Green Beans/Broccoli
Pineapple Tidbits
Fresh Apple

Grab n Go **28**
*Pop Tart/ Cheese Stick 100% Juice
And Fresh Fruit
Lunch:
*Mandarin Orange Chicken
Brown Rice Pilaf
Tossed Salad/Cucumber Slices
Kiwi/Strawberries

Grab n Go **1**
*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit
Lunch:
*Cheese Quesadilla
Salsa
Sweet Potato Fries/Green Beans
Chilled pears/ Fresh Apple

Grab n Go **8**
*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit
Lunch:
*Mac & Cheese w/ Breadstick
Whole Kernel Corn
Baby Carrots
Strawberries/Applesauce

Grab n Go **15**
*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit
Lunch:
*Cheese Quesadilla
Salsa/Green Beans
Sweet Potato Fries
Banana/Apple

Grab n Go **22**
*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit
Lunch:
*Booster Club Lunch

Grab n Go **29**
*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit
Lunch:
*Mozzarella Dippers w/ pizza sauce
Green Peas
Sweet Potato Fries
Mixed Fruit/Fresh Apple

*Milk is offered with all meals & includes a choice of White Skim and Chocolate Skim

School Information contact: Alexis Toledo at 715-830-2276 ext 2005 or email at atoledo@regiscatholicschools.com