

MAY 2025

Regis Middle/High School Meals
Grab N' Go Breakfast and Lunch

This institution is an equal opportunity provider. Menus are subject to change



Monday

Tuesday

Wednesday

Thursday

Friday

Grab n Go

*Breakfast Bread/Cheese Stick
100% Juice and Fresh Fruit

Lunch

*Ham Stacker on a Bun
Baked Potato Wedge
Mixed Vegetable
Applesauce/Orange Wedges

Grab n Go

*Benefit Bar Yogurt/ 100% Juice and
Fresh Fruit

Lunch

*Chicken Smackers
Baked Beans
Cucumber Slices
Cantaloup Wedges/Chilled Pears/Cookie

Grab n Go

*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit

Lunch

*Pizza Hut Pizza Cheese or Pepperoni
Tossed Green Salad
Cherry Tomatoes/Green Peas
Chilled Peaches/Fresh Apple

Grab n Go

*UBR Bar Cheese Stick/100% Juice and
Fresh Fruit

Lunch

*Chicken Nuggets w/ Breadsticks
Broccoli Florets/Red Pepper Strips
Hummus
Chilled Peaches/100% Grape Juice

Grab n Go

*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit

Lunch

*Mac & Cheese w/Breadstick
Tossed Salad
Baby Carrots
Chilled Pears/Fresh Apple

Grab n Go

*Mini Cini's/Cheese Stick 100% Juice and
Fresh Fruit

Lunch

*Grilled Chicken Wraps
Lettuce/Cheese/tomatoes
Baked Bean/Cucumber Slices
Warm Apple Slices/Fresh Apples

Grab n Go

*Muffin Yogurt/ 100% Juice and
Fresh Fruit

Lunch

*Cheeseburger on a Bun
Baked Seasoned Fries
Baby Carrots
Banana/Chilled Peaches

Grab n Go

*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit

Lunch

*Pizza Hut Pizza Cheese or Pepperoni
Tossed Salad
Broccoli/Cauliflower
Mixed Fruit/Orange Wedge

Grab n Go

*UBR Bar Cheese Stick/100% Juice and
Fresh Fruit

Lunch

*Teriyaki Chicken w/ Rice Pilaf
Baked Potato Wedges
Green Peas
Mandarin Oranges/Kiwi/Fortune Cookie

Grab n Go

*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit

Lunch

*Cheese Quesadilla
Whole Kernel Corn/Salsa
Green Beans
Chilled Pears/Fresh Apple

Grab n Go

*Breakfast Bread/Cheese Stick
100% Juice and Fresh Fruit

Lunch

*Chicken Nuggets
Whipped Potatoes
Cherry Tomatoes
Mixed Fruit/Orange Wedges

Grab n Go

*Benefit Bar Yogurt/ 100% Juice and
Fresh Fruit

Lunch

*Soft Shell Beef Tacos
Lettuce/Tomatoes/Salsa
Refried Beans/ Spanish Rice
Cucumber Slices
Chilled Pears/Fresh Apple

Grab n Go

*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit

Lunch

*Baked Mini Corn Dogs
Baked Potato Wedges
Tossed Salad/Celery sticks
Chilled Peaches/Melon Wedges
Ice Cream

Grab n Go

*Pop Tart/ Cheese Stick 100% Juice
and Fresh Fruit

Lunch

*Spaghetti w/ Meatballs and Breadstick
Green Beans
Broccoli
Pineapple Tidbits/Fresh Apple

Grab n Go

*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit

Lunch

Picnic Lunch provided by Booster Club

No School

Grab n Go

*Muffin Yogurt/ 100% Juice and
Fresh Fruit

Lunch

*Chicken Patty on a Bun
Baked Potato Wedges
Green Beans/Baby Carrots
Grapes/Chilled Applesauce

Grab n Go

*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit

Lunch

*Cheese Quesadilla
Tossed Salad/Celery Sticks
Chilled Peaches
Orange Wedges/Cookie

Grab n Go

*UBR Bar Cheese Stick/100% Juice and
Fresh Fruit

Lunch

*Pulled Pork with a Dinner Roll
Broccoli Florets
Red Pepper Strips/Hummus
Chilled Peaches/100% Grape Juice

Grab n Go

*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit

Lunch

*Mozzarella Dippers
Whole Kernel Corn
Red Pepper Strips
Mixed Fruit/Fresh Apple

*Milk is offered with all meals & includes a choice of White Skim or Chocolate Skim

School Information Contact: Alexis Toledo at 715-830-2276 ext 2005 or email at atoledo@regiscatholicschools.com