

MAY 2024

Regis Middle/High School Meals Grab n` Go Breakfast & Lunch



This institution is an equal opportunity provider. Menus are subject to change.

Monday

Tuesday

Wednesday

Thursday

Friday

6
Grab n` Go
Breakfast Bread
Cheese Stick/100% Juice
Fresh Fruit
Lunch
Hamburger on a Bun
Whipped Potatoes
Cherry Tomatoes
Mixed Fruit /Orange Wedge

7
Grab n` Go
Benefit Bar
Yogurt/100% Juice
Fresh Fruit
Lunch
Chicken Patty on a Bun
Baked Seasoned Fries
Green Beans
Baby Carrots
Grapes/Chilled Applesauce

8
Grab n` Go
Cereal Bowls or
Breakfast Bars Combo kits
Fresh Fruit
Lunch
Pizza Hut *Pizza
Cheese or Pepperoni
Baked Tater Tots
Tossed Salad/Celery Sticks
Chilled Peaches/ Orange Wedges

2
Grab n` Go
UBR Bar
Cheese Stick/100% Juice
Fresh Fruit
Lunch
Spaghetti w/ Meat Sauce
Green Beans
Steamed Broccoli
Pineapple Tidbits
Fresh Apple

3
Grab n` Go
Cereal Bowls or
Breakfast Bars Combo kits
Fresh Fruit
Lunch
Yogurt w/*Pancakes
Baked Hash brown
Baby Carrots
Strawberries/100% Orange Juice

9
Grab n` Go
Pop-tart
Cheese Stick/100% Juice
Fresh Fruit
Lunch
Hot Dog on a *Bun
Tossed Salad
Cucumber Slices
Kiwi/ Strawberries

10
Grab n` Go
Cereal Bowls or
Breakfast Bars Combo kits
Lunch
Toasted Cheese Sandwich
Tossed Green Salad
Tomato Soup
Baby Carrots
Chilled Pears/Fresh

13
Grab n` Go
Minni-Cinni`s
Cheese Stick/100% Juice
Fresh Fruit
Lunch
Ham & Cheese Stacker
Baked Tater Tots
Baby Carrots
Chilled Pears/Fresh Apple

14
Grab n` Go
Muffin
Yogurt/100% Juice
Fresh Fruit
Lunch
Walking Taco Beef or Chicken
Lettuce/Tomato/Cheese/Salsa
Seasoned Refried Beans
Cucumber Slices
Mandarin Oranges/Banana

15
Grab n` Go
Cereal Bowls or
Breakfast Bars Combo kits
Fresh Fruit
Lunch
Pizza Hut * Pizza
Cheese or Pepperoni
Tossed Salad
Celery sticks/Tomatoes
Applesauce/Orange Wedges

16
Grab n` Go
UBR Bar
Cheese Stick/100% Juice
Fresh Fruit
Lunch
Mini Corn Dogs
Broccoli Florets
Red Pepper Strips
Hummus
Chilled Peaches/100% Grape juice

17
Grab n` Go
Cereal Bowls or
Breakfast Bars Combo Kits
Fresh Fruit
Lunch

Regis Cook Out!

20
Grab n` Go
Breakfast Bread
Cheese Stick/100% Juice
Fresh Fruit
Lunch
Baked Chicken Nuggets
Baked Potato Rounds
Mixed Vegetables
Applesauce/Orange Wedges

21
Grab n` Go
Benefit Bar
Yogurt/100% Juice
Fresh Fruit
Lunch
Hot Dog on a *Bun
Baked Beans
Cucumber slices
Cantaloupe Wedges/Chilled Pears

22
Grab n` Go
Cereal Bowls or
Breakfast Bars Combo kits
Fresh Fruit
Lunch
Pizza Hut *Pizza
Cheese or Pepperoni
Tossed Salad
Cherry Tomatoes/Green Peas
Chilled Peaches/Fresh Apple

23
Grab n` Go
Pop-tart
Cheese Stick/100% Juice
Fresh Fruit
Lunch
Nacho Bar- Beef or Chicken
Lettuce/Tomato/Salsa
Black Bean Salad
Mixed Fruit/Orange Wedges

24
Grab n` Go
Cereal Bowls or
Breakfast Bars Combo kits
Fresh Fruit
Lunch
Mac and Cheese
Whole Kernel Corn
Baby Carrots Tidbits
Seedless Grapes /Pineapple
Fresh Baked Cookie

No School

27

Cooks Choice

28

Cooks Choice

29

Cooks Choice

30

Grab n` Go-Cooks Choice

31

School Picnic
Hotdogs

*Milk is offered with all meals & includes a choice of White Skim or Chocolate Skim

School Information: Contact Teresa Culbert at 715-830-9627 or email at tculbert@regiscatholicschools.com
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