

Monday

Tuesday

Wednesday

Thursday

Friday

No School-Christmas Break

1 Pizza Hut *Pizza
Cheese or Pepperoni
Tossed Green Salad
Broccoli/Cauliflower
Mixed Fruit
Orange Wedges

2 Teriyaki Chicken Bites
w/ Rice Pilaf
Popcorn Shrimp
Baked Potato Wedges
Green Peas
Mandarin Oranges
Kiwi

3 *Cheese Quesadilla/Salsa
Italian Flatbread/Pizza Sauce
Tossed Green Salad
Whole Kernel Corn
Green Beans
Chilled Pears
Fresh Apple

7 Hamburger on a * Bun
Chicken Patty on a *Bun
Whipped Potatoes
Cherry Tomatoes
Mixed Fruit
Orange Wedges

8 Soft Shell Tacos
Beef or Chicken
Lettuce/Tomatoes/Salsa
Refried Beans / Spanish Rice
Cucumber Slices
Chilled Pears
Fresh Apple

9 Pizza Hut *Pizza
Cheese or Pepperoni
Tossed Salad
Carrots & Celery Sticks
Chilled Peaches
Melon Wedges

10 *Spaghetti w/ Meat Sauce
*Baked Mini Corn Dogs
Green Beans
Steamed Broccoli
Pineapple Tidbits
Fresh Apple

11 Cheese Omelet w/*Pancakes
Yogurt w/*Pancakes
Baked Hash brown
Baby Carrots
Strawberries
100% Orange Juice

14 *Pepperoni Calzone
*Baked Chicken Nuggets w/
*Breadstick
Baked Beans
Broccoli Florets
Mandarin Oranges
Fresh Apple

15 BBQ Pulled Pork on a *Bun
Chicken Patty on a *Bun
Baked Seasoned Fries
Green Beans
Baby Carrots
Seedless Green Grapes
Chilled Applesauce

16 Pizza Hut *Pizza
Cheese or Pepperoni
Baked Tater Tots
Tossed Salad
Celery Sticks
Chilled Peaches
Orange Wedges

17 Egg Roll w/ Fried Rice
Deli Turkey Wrap
Cucumber Slices
Tossed Salad
Kiwi
Strawberries

18 *Mac & Cheese w/ *Breadstick
Fish on a *Bun
Whole Kernel Corn
Sweet Potato Fries
Mixed Fruit
Fresh Apple

No School- Staff Development

21 Walking Taco
Beef or Chicken
Lettuce/Tomato/Cheese/Salsa
Seasoned Refried Beans
Cucumber Slices
Mandarin Oranges
Banana

22 Pizza Hut * Pizza
Cheese or Pepperoni
Tossed Salad
Celery sticks
Applesauce
Orange Wedges

23 BBQ Pork Rib *Sandwich
*Baked Mini Corn Dogs
Broccoli Florets
Red Pepper Strips
Hummus
Chilled Peaches
100% Grape juice

24 *Chili Cheese Wrap
*Cheese Quesadilla/Salsa
Tossed Salad
Tomato Soup
Baby Carrots
Chilled Pears
Fresh Apple

28 Baked Chicken Nuggets
*Meatball Sandwich
Baked Potato Rounds
Mixed Vegetables
Applesauce
Orange Wedges

29 Hot Dog on a *Bun
Chicken Patty on a *Bun
Baked Beans
Cucumber slices
Cantaloupe Wedges
Chilled Pears

30 Pizza Hut *Pizza
Cheese or Pepperoni
Tossed Green Salad
Cherry Tomatoes/Green Peas
Chilled Peaches
Fresh Apple

31 Nacho Bar
Beef or Chicken
Lettuce/Tomato/Salsa
Black Bean Salad
Mixed Fruit
Orange Wedges

CATHOLIC SCHOOLS WEEK JANUARY 28th to FEBRUARY 1st

*Milk offered with all meals & includes choice of Skim or Chocolate Skim

*Menus subject to change without notice.

School Information: Contact Teresa Culbert at 715-832-4623 or email at tculbert@regiscatholicschools.com