

JANUARY 2026

Regis Elementary School Meals
Grab N' Go Breakfast and Lunch

This institution is an equal opportunity provider. Menus are subject to change.



Monday

Tuesday

Wednesday

Thursday

Friday

NO SCHOOL

1

NO SCHOOL

2

Grab n Go

5

*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit
Lunch:
*Spaghetti and Meatballs w/Breadstick
Broccoli Florets 4
Baby Carrots
Mandarin Oranges/Apples

Grab n Go

6

*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit
Lunch:
*Chicken Patty on a Bun
Baked Seasoned Fries
Baked Beans/Tossed Salad
Grapes/Applesauce

Grab n Go

7

*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit
Lunch:
*Pizza Hut Pizza Cheese or Pepperoni
Tossed Salad
Celery Sticks
Chilled Peaches/Orange Wedges

Grab n Go

8

*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit
Lunch:
*Baked Chicken Nuggets
Baked Tator Tots
Green Beans/Cucumber slices
Kiwi/Strawberries

Grab n Go

9

*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit
Lunch:
*French Toast Sticks
Baked Hash Brown
Baby Carrots
Mixed Fruit/Fresh Apple

Grab n Go

12

*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit
Lunch:
*Chicken Alfredo w/ Rotini 5
Steamed Broccoli and Carrots
Chilled Pears
Warm Apple Slices

Grab n Go

13

*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit
Lunch:
*Beef Walking Tacos
Lettuce/Tomato/Cheese/Salsa
Seasoned Refried Beans
Mandarin Oranges/Banana

Grab n Go

14

*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit
Lunch:
*Pizza Hut Pizza Cheese or Pepperoni
Tossed Salad
Celery Sticks/Cherry Tomatoes
Applesauce/Orange Wedges

Grab n Go

15

*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit
Lunch:
*Baked Mini Corn Dogs
Potato Wedges
Cucumber Slices/Red Pepper Strips
Chilled Peaches/100% Grape Juice

Grab n Go

16

*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit
Lunch:
*Cheese Quesadillas
Tossed Salad
Baby Carrots
Chilled Peaches/Fresh Apple

Grab n Go

19

*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit
Lunch:
*Baked Chicken Nuggets
Baked French Fries 1
Mixed Vegetables
Applesauce/Orange Wedges

Grab n Go

20

*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit
Lunch:
*Hot Dog on a Bun
Baked Beans
Cucumber Slices
Cantaloupe Wedges/Chilled Pears
Ice Cream Cup

Grab n Go

21

*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit
Lunch:
*Pizza Hut Pizza Cheese or Pepperoni
Tossed Green Salad
Cherry Tomatoes/Green Peas
Chilled Peaches/Fresh Apple

Grab n Go

22

*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit
Lunch:
*Nacho Bar Beef or Chicken
Lettuce/Tomato/Salsa
Mixed Fruit
Orange Wedges

Grab n Go

23

*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit
Lunch:
*Mac & Cheese w/ Breadstick
Whole Kernel Corn
Baby Carrots
Seedless Grapes/Pineapple Tidbits

Grab n Go

26

*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit
Lunch:
*Sloppy Joe on a Bun
Baked Beans 2
Cucumber Slices
Warm Apple Slices/Mixed Fruit

Grab n Go

27

*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit
Lunch:
*Chicken Patty on a Bun
Sweet Potato Fries
Green Beans
Banana/Chilled Peaches

Grab n Go

28

*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit
Lunch:
*Pizza Hut Pizza Cheese or Pepperoni
Tossed Green Salad
Broccoli/Cauliflower
Mixed Fruit/ Oranges

Grab n Go

29

*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit
Lunch:
*Chicken Smackers
Whipped Potatoes
Whole Kernel Corn
Mandarin Oranges/Kiwi

Grab n Go

30

*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit
Lunch:
*Mozzarella Dippers w/ Pizza Sauce
Green Peas
Baby Carrots
Chilled Pears/Fresh Apple

*Milk is offered with all meals & includes a choice of White Skim and Chocolate Skim

School Information contact: Alexis Toledo at 715/830/2276 ext 2005 or email at atoledo@regiscatholicschools.com