

R.C.S. Elementary Grade Level Objectives

First Grade

Family's Guide to First Grade <i>Intellectual Development</i> ● May reverse printed numbers and letters (b/d) ● Eager to ask questions ● Display interest in real life tasks and activities ● Learn through hands-on experiences <i>Social and Moral Development</i> ● Actively engage in Bible stories and real life experiences ● Engage in friendships ● Help with small chores ● Have a strong need for love and attention from parents and teachers ● Show more interest in self than others ● Display curiosity about classmates' needs <i>Physical Development</i> ● Display motions: squirms, gestures, runs, tumbles, throws ● Enjoy testing muscle strength and skills ● Typically sleep about 11 hours daily ● Solve problems using multiple strategies ● Understand mathematical concepts and model the action or relationships in problems ● Communicate solutions through pictures, words, actions, or numbers	Behaviors of First Grade Learners <i>Accepting Responsibility</i> ● Follow classroom and school guidelines ● Accept responsibility for actions ● Demonstrate self-control ● Participate appropriately in group discussions <i>Promoting Teamwork</i> ● Demonstrate respect and compassion for others ● Demonstrate ability to work in flexible groupings ● Understands and demonstrates the traits of the core value pledge <i>Achieving Excellence</i> ● Think, question, and solve problems in a variety of ways ● Copy, extend, describe, and create simple geometric and number patterns ● Demonstrate curiosity in learning and a willingness to try new experiences <i>Inspiring Leadership</i> ● Initiate and complete tasks on time ● Strive for accuracy, quality, and neatness	Religion (Living Faith) ● Define God as all good and powerful and the creator of heaven and earth ● Understand that God made the angels and that we each have a guardian angel ● Retell the story of Jesus' birth, death, and resurrection ● Recites Our Father, Hail Mary, Glory Be, Sign of the Cross, Guardian Angel, prayer before meals ● Recount some of Jesus' miracles ● Understand that Jesus called 12 men to follow Him and they were His Apostles ● Identify the rosary as a special devotion to Mary ● Know that God gave us 10 Commandments and in order to get to heaven we need to follow them ● Name Advent and Lent as important seasons of the church year ● Understand the concept of a saint ● Participate in weekly Mass ● Recognize that God created everything and we need to take care of what he has made for us  Updated 2025
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Language Arts

Reading

- Segment and blend to sound out words
- Identify story elements and genres
- Recognize high frequency words
- Demonstrate comprehension strategies
- Decode using phonemes /phonemic awareness

Writing

- Continue handwriting practice and gripping pencil properly
- Write a sentence independently
- Use the writing process
- Use capital letters/punctuation marks correctly
- Apply spelling skills in written work
- Apply vocabulary words in daily writing and conversations

Speaking and Listening

- Listen attentively
- Express needs/knowledge/ideas clearly
- Apply listening skills to follow directions
- Demonstrate understanding of a story by listening and responding

Mathematics

Mathematical Processes

- Solve problems using multiple strategies
- Understand mathematical concepts: model the action or relationships in problems
- Communicate solutions through pictures, words, actions, or numbers

Math (continued)

Number Operations and Relationships

- Identify and represent fractions- $\frac{1}{2}$, $\frac{1}{3}$, $\frac{1}{4}$
- Demonstrate counting skills including skip counting to 120 by 2's, 5's, and 10's
- Represent and write numbers to 120
- Recognize and order numbers to 120, out of sequence
- Understand place values (tens and ones)
- Solve addition and subtraction problems using a variety of strategies
- Write number sentences to represent

Geometry

- Identify plane shapes and solid shapes

Measurement

- Estimate and use nonstandard/standard units of measurement to measure length and volume
- Demonstrate telling time to the hour and half hour

Statistics and Probability

- Create, record, and interpret data in tables and graphs

Patterns and Relationships

- Copy, extend, describe, and create simple geometric and number patterns

Social Studies

- Interpret information on a simple timeline, chart, graph or map
- Recognize demographics of our state and country

Social Studies (continued)

- Explore the importance of families and examine types of families in different times and places
- Identify national holidays and important famous Americans
- Identify traits in a community such as wants/needs, goods/services, careers, present/past
- Identify rights/responsibilities of a citizen.
- Recognize national symbols

Science

- Observe and communicate through hands-on exploration
- Recognize and describe non-living/living characteristics of plants and animals
- Identify survival needs and different habitats of animals
- Categorize the different types of forces of nature
- Recognize human trait differences
- Describe simple machines and the use of force and motion
- State ways to show respect for the environment
- Explore physical science
- Identify patterns of earth in space
- Applying science principles through STEM activities
- Recognize that God created everything and we need to take care of what He has made for us

Library

- Explain that libraries are physical and digital places for access to information, ideas, culture, and reading enjoyment
- Identify different sections of the library (Fic, NF, Ref, Bio, Everybody/Easy) and locate the circulation area, explaining its purpose
- Use care with library materials, follow local procedures (using shelf markers, replacing materials properly), and observe behavior expectations during group and independent library activities
- Use self-assessment tools to help select books of appropriate reading levels; distinguish between contemporary and classic literature
- Discuss how illustrations/features of a book (cover, endpapers, etc.) help tell the story or provide background/context
- Locate and access Catholic religious print and digital resources; identify literature/authors/illustrators that represent Catholic values

Technology

- Use and care for technology
- Be a responsible digital citizen rooted in faith
- Stay safe and secure online
- Use technology to learn and create
- Think and solve problems with technology
- Communicate with Technology
- Collaborate with technology

Music

- Perform loud and soft dynamics through speaking, singing, and playing classroom instruments
- Know the sounds of a variety of instruments and voices including men's, women's, and children's voices
- Identify fast and slow tempo
- Demonstrate and identify melodic direction through movement and vocal exploration
- Perform simple rhythm patterns using quarter notes, eighth notes, and quarter rest
- Sing songs using sol, mi, and la in tune
- Sing and listen to liturgical and cultural music

Art

- Practice the artistic process to develop fine motor skills by manipulating 2D and 3D mediums
- Collaborate with peers in an artistic process
- Arrange artwork using overlapping details to show depth
- Recall details of artworks and stories of real artists using art vocabulary
- Recognize that artwork can be made to tell a story or share a message
- Organize color in order using basic color theory

Art (continued)

- Define Elements of art terms for:
Color: Primary, Secondary
Line: zig-zag, dotted, dashed, wavy, bumpy, spiral
Shape: Geometric and organic
Pattern: Alternating and repeating
- Observe from the surrounding world and follow directions to create student generated artwork
- Describe works of art in terms of subject, visual qualities, similarities vs differences, and opinions of value
- Display artwork for public viewing

Physical Education

Fitness Development

- Ability to perform the motor skills needed to play different activities and sports
- Use knowledge to strategize and think critically during games and activities
- Be a good sport and respect my classmates at all times
- Understand why it's important to live a healthy and active lifestyle

Physical Skill Goals

- Ability to change pathways in space while playing a tactical game
- Always try to fully participate to the best of their ability
- Follow classroom rules and expectations
- Able to jump rope consecutive repetitions with teacher assistance

Guidance

Self-Awareness

- Recognize the feelings God has given them (such as happiness, sadness, anger, and fear), and express these emotions in ways that honor God and show love and respect to others

Self-Management

- Learn and practice calming strategies (deep breaths, counting, taking a break) to manage strong emotions

Listening Skills

- Demonstrate active listening—by looking at the speaker, keeping their bodies calm, and responding appropriately to directions or questions—as a way to show kindness, respect, and love to others, just as God calls us to listen with understanding hearts

Relationship Skills

- Practice taking turns, sharing materials, and using respectful words to solve small problems with peers

Spanish

- Introduce simple Spanish vocabularies such as greetings, courtesy phrases, and description of self and another person
- Learn Spanish numbers 1-30
- Learn Spanish words for calendar, colors, body, clothing, animals, shapes, transportation and school objects
- Learn some of the sweet 16 verbs, in first, second and third person
- Learn some question words: Where is ___? Are there ___? What is it? How are you?
- Location words: here, there in front, in back, in
- Listening skills, language acquisition through picture and movie talk, and enjoyment of the Spanish language through simple songs and children's books, written stories, games and small projects
- Learn prayers in Spanish

Learning Today, Leading Tomorrow

Regis Catholic Schools is dedicated to educating students of all faiths in a Catholic, Christ-centered environment. We are united by Our Core Values of **Living Faith**, **Accepting Responsibility**, **Promoting Teamwork**, **Achieving Excellence**, and **Inspiring Leadership**.