

FEBRUARY 2026

Regis Middle/High School Meals
Grab N' Go Breakfast and Lunch

This institution is an equal opportunity provider. Menus are subject to change.



Monday

Grab n Go

*Breakfast Bread/Cheese Stick
100% Juice and Fresh Fruit

Lunch:

*Hamburger on a Bun 3
Baked Potato Wedges
Cherry Tomatoes/Cucumber Slices
Mixed Fruit/Orange Wedges

Tuesday

Grab n Go

*Benefit Bar Yogurt/100% Juice
and Fresh Fruit

Lunch:

*Beef Hard Shell Tacos
Lettuce/Tomato/Salsa
Refried Beans/Spanish Rice
Chilled Pears/Fresh Apple

Wednesday

Grab n Go

*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit

Lunch:

*Pizza Hut Pizza Cheese or Pepperoni
Tossed Salad
Carrots and Celery sticks
Chilled Peaches/Melon Wedges

Thursday

Grab n Go

*Pop Tart/ Cheese Stick 100% Juice
And Fresh Fruit

Lunch:

*Baked Mini Corn Dogs
Green Beans/Broccoli
Pineapple Tidbits/Fresh Apple
Fresh Baked Cookie

Friday

Grab n Go

*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit

Lunch:

*French Toast Sticks
Baked Hash Brown
Steamed Carrots
Strawberries/100% Orange Juice

Grab n Go

*Mini Cini's/Cheese stick 100% Juice
And Fresh Fruit

Lunch:

*BBQ Pulled Pork Sandwich 4
Baked Beans
Broccoli Florets
Mandarin Oranges/Fresh Apple

Grab n Go

*Muffin Yogurt/100% Juice
and Fresh Fruit

Lunch:

*Chicken Patty on a Bun
Baked Seasoned Fries
Green Beans/Baby Carrots
Grapes/Chilled Applesauce

Grab n Go

*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit

Lunch:

*Pizza Hut Pizza Cheese or Pepperoni
Tossed Salad/Celery Sticks
Cucumber Slices
Chilled Peaches/Orange Wedges

Grab n Go

*UBR Bar Cheese Stick/100% Juice
And Fresh Fruit

Lunch:

*Mandarin Orange Chicken
Brown Rice Pilaf
Tossed Salad/Fortune Cookie
Kiwi/Strawberries

Grab n Go

*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit

Lunch:

*Fish Sticks
Whole Kernel Corn
Sweet Potato Fries
Mixed Fruit/Fresh Apple

Grab n Go

*Breakfast Bread/Cheese Stick
100% Juice and Fresh Fruit

Lunch:

*Chicken & Gravy w/ Biscuit 5
Mashed Potatoes
Baby Carrots/Cucumber Slices
Chilled Pears/Fresh apple

Grab n Go

*Benefit Bar Yogurt/100% Juice
and Fresh Fruit

Lunch:

*Beef Walking Taco
Lettuce/Tomato/Cheese/Salsa
Seasoned Refried Beans/Cucumber Slice
Mandarin Oranges/Banana

Grab n Go

*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit

Lunch:

*Pizza Hut Pizza Cheese or Pepperoni
Tossed Salad/Celery Sticks
Tomatoes
Applesauce/Orange Wedges

Grab n Go

*Pop Tart/ Cheese Stick 100% Juice
And Fresh Fruit

Lunch:

*Baked Chicken Nuggets
Broccoli Florets/Red pepper strips
Chilled Peaches
100% Grape Juice

Grab n Go

*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit

Lunch:

*Toasted Cheese Sandwich
Tossed Salad
Tomato Soup/Baby Carrots
Chilled Pears/Fresh Apple

Grab n Go

*Mini Cini's/Cheese stick 100% Juice
And Fresh Fruit

Lunch:

*Ham Stacker on a Bun 1
Baked Potato Rounds
Mixed Vegetables
Applesauce/Orange Wedges

Grab n Go

*Muffin Yogurt/100% Juice
and Fresh Fruit

Lunch:

*Hot Dog on a Bun
Baked Beans/Cucumber Slices
Cantaloupe Wedges/Chilled Pears
Ice Cream Cup

Grab n Go

*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit

Lunch:

*Pizza Hut Pizza Cheese or Pepperoni
Tossed Green Salad/Cherry Tomatoes
Green Peas
Chilled Peaches/Apple

NO SCHOOL

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*Milk is offered with all meals & includes a choice of White Skim and Chocolate Skim

School Information contact: Alexis Toledo at 715/830/2276 ext 2005 or email at atoledo@regiscatholicschools.com