

# FEBRUARY 2026

Regis Middle/High School Meals  
Grab N' Go Breakfast and Lunch



This institution is an equal opportunity provider. Menus are subject to change.

| Monday  | Tuesday   | Wednesday   | Thursday   | Friday   |
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| <b>Grab n Go</b><br>*Breakfast Bread/Cheese Stick<br>100% Juice and Fresh Fruit<br><b>Lunch:</b><br>*Hamburger on a Bun<br>Baked Potato Wedges<br>Cherry Tomatoes/Cucumber Slices<br>Mixed Fruit/Orange Wedges  | <b>Grab n Go</b><br>*Benefit Bar Yogurt/100% Juice<br>and Fresh Fruit<br><b>Lunch:</b><br>*Beef Hard Shell Tacos<br>Lettuce/Tomato/Salsa<br>Refried Beans/Spanish Rice<br>Chilled Pears/Fresh Apple             | <b>Grab n Go</b><br>*Cereal Bowls or<br>Breakfast bar Combo Kits and Fresh Fruit<br><b>Lunch:</b><br>*Pizza Hut Pizza Cheese or Pepperoni<br>Tossed Salad<br>Carrots and Celery sticks<br>Chilled Peaches/Melon Wedges      | <b>Grab n Go</b><br>*Pop Tart/ Cheese Stick 100% Juice<br>And Fresh Fruit<br><b>Lunch:</b><br>*Baked Mini Corn Dogs<br>Green Beans/Broccoli<br>Pineapple Tidbits/Fresh Apple<br>Fresh Baked Cookie | <b>Grab n Go</b><br>*Cereal Bowls or<br>Breakfast bar Combo Kits and Fresh Fruit<br><b>Lunch:</b><br>*French Toast Sticks<br>Baked Hash Brown<br>Steamed Carrots<br>Strawberries/100% Orange Juice     |
| <b>Grab n Go</b><br>*Mini Cini's/Cheese stick 100% Juice<br>And Fresh Fruit<br><b>Lunch:</b><br>*BBQ Pulled Pork Sandwich<br>Baked Beans<br>Broccoli Florets<br>Mandarin Oranges/Fresh Apple                    | <b>Grab n Go</b><br>*Muffin Yogurt/100% Juice<br>and Fresh Fruit<br><b>Lunch:</b><br>*Chicken Patty on a Bun<br>Baked Seasoned Fries<br>Green Beans/Baby Carrots<br>Grapes/Chilled Applesauce                   | <b>Grab n Go</b><br>*Cereal Bowls or<br>Breakfast bar Combo Kits and Fresh Fruit<br><b>Lunch:</b><br>*Pizza Hut Pizza Cheese or Pepperoni<br>Tossed Salad/Celery Sticks<br>Cucumber Slices<br>Chilled Peaches/Orange Wedges | <b>Grab n Go</b><br>*UBR Bar Cheese Stick/100% Juice<br>And Fresh Fruit<br><b>Lunch:</b><br>*Mandarin Orange Chicken<br>Brown Rice Pilaf<br>Tossed Salad/Fortune Cookie<br>Kiwi/Strawberries       | <b>Grab n Go</b><br>*Cereal Bowls or<br>Breakfast bar Combo Kits and Fresh Fruit<br><b>Lunch:</b><br>*Fish Sticks<br>Whole Kernel Corn<br>Sweet Potato Fries<br>Mixed Fruit/Fresh Apple                |
| <b>Grab n Go</b><br>*Breakfast Bread/Cheese Stick<br>100% Juice and Fresh Fruit<br><b>Lunch:</b><br>*Chicken & Gravy w/ Biscuit<br>Mashed Potatoes<br>Baby Carrots/Cucumber Slices<br>Chilled Pears/Fresh apple | <b>Grab n Go</b><br>*Benefit Bar Yogurt/100% Juice<br>and Fresh Fruit<br><b>Lunch:</b><br>*Beef Walking Taco<br>Lettuce/Tomato/Cheese/Salsa<br>Seasoned Refried Beans/Cucumber Slice<br>Mandarin Oranges/Banana | <b>Grab n Go</b><br>*Cereal Bowls or<br>Breakfast bar Combo Kits and Fresh Fruit<br><b>Lunch:</b><br>*Pizza Hut Pizza Cheese or Pepperoni<br>Tossed Salad/Celery Sticks<br>Tomatoes<br>Applesauce/Orange Wedges             | <b>Grab n Go</b><br>*Pop Tart/ Cheese Stick 100% Juice<br>And Fresh Fruit<br><b>Lunch:</b><br>*Baked Chicken Nuggets<br>Broccoli Florets/Red pepper strips<br>Chilled Peaches<br>100% Grape Juice  | <b>Grab n Go</b><br>*Cereal Bowls or<br>Breakfast bar Combo Kits and Fresh Fruit<br><b>Lunch:</b><br>*Toasted Cheese Sandwich<br>Tossed Salad<br>Tomato Soup/Baby Carrots<br>Chilled Pears/Fresh Apple |
| <b>Grab n Go</b><br>*Mini Cini's/Cheese stick 100% Juice<br>And Fresh Fruit<br><b>Lunch:</b><br>*Ham Stacker on a Bun<br>Baked Potato Rounds<br>Mixed Vegetables<br>Applesauce/Orange Wedges                    | <b>Grab n Go</b><br>*Muffin Yogurt/100% Juice<br>and Fresh Fruit<br><b>Lunch:</b><br>*Hot Dog on a Bun<br>Baked Beans/Cucumber Slices<br>Cantaloupe Wedges/Chilled Pears<br>Ice Cream Cup                       | <b>Grab n Go</b><br>*Cereal Bowls or<br>Breakfast bar Combo Kits and Fresh Fruit<br><b>Lunch:</b><br>*Pizza Hut Pizza Cheese or Pepperoni<br>Tossed Green Salad/Cherry Tomatoes<br>Green Peas<br>Chilled Peaches/Apple      | NO SCHOOL  | NO SCHOOL  |
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\*Milk is offered with all meals & includes a choice of White Skim and Chocolate Skim

School Information contact: Alexis Toledo at 715/830/2276 ext 2005 or email at [atoledo@regiscatholicschools.com](mailto:atoledo@regiscatholicschools.com)