

DECEMBER 2025

Regis Middle/High School Meals
Grab N' Go Breakfast and Lunch

This institution is an equal opportunity provider. Menus are subject to change.



Monday

Grab n Go

*Mini Cini's/Cheese stick 100% Juice
And Fresh Fruit

Lunch:

*BBQ Pulled Pork Sandwich
Baked Beans
Broccoli Florets
Mandarin Oranges/Fresh Apple

Tuesday

Grab n Go

*Muffin Yogurt/100% Juice
and Fresh Fruit

Lunch:

*Chicken Patty on a Bun
Baked Seasoned Fries
Green Beans/Baby Carrots
Grapes/Chilled Applesauce

Wednesday

Grab n Go

*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit

Lunch:

*Pizza Hut Pizza Cheese or Pepperoni
Tossed Salad/Celery Sticks
Cucumber Slices
Chilled Peaches/Orange Wedges

Thursday

Grab n Go

*UBR Bar Cheese Stick/100% Juice
And Fresh Fruit

Lunch:

*Mandarin Orange Chicken
Brown Rice Pilaf
Tossed Salad/Fortune Cookie
Kiwi/ Strawberries

Friday

Grab n Go

*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit

Lunch:

*Fish stick on a Bun
Whole Kernel Corn
Sweet Potato Fries
Mixed Fruit/Fresh Apple

Grab n Go

*Breakfast Bread/Cheese Stick
100% Juice and Fresh Fruit

Lunch:

*Hamburger on a Bun
Baked Tator Tots
Baby Carrots
Chilled Peaches/Fresh Apple

Grab n Go

*Benefit Bar Yogurt/100% Juice
and Fresh Fruit

Lunch:

*Beef Walking Taco
Lettuce/Tomato/Cheese/Salsa
Seasoned Refried Beans
Cucumber Slices
Mandarin Oranges/Banana

Grab n Go

*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit

Lunch:

*Pizza Hut Pizza Cheese or Pepperoni
Tossed Salad/Celery Sticks
Tomatoes
Applesauce/Orange Wedges

Grab n Go

*Pop Tart/ Cheese Stick 100% Juice
And Fresh Fruit

Lunch:

*Baked Chicken Nuggets
Broccoli Florets
Red Pepper Strips
Chilled Peaches/100% Grape Juice

Grab n Go

*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit

Lunch:

*Mozzarella Dippers
Tossed Salad/Baby Carrots
Tomato Soup
Chilled Pears/Fresh Apple

Grab n Go

*Mini Cini's/Cheese stick 100% Juice
And Fresh Fruit

Lunch:

*Deli Sub Sandwich
Baked Potato Rounds
Mixed Vegetables
Applesauce/Orange Wedges

Grab n Go

*Muffin Yogurt/100% Juice
and Fresh Fruit

Lunch:

*Chicken Quesadilla
Baked Beans/Cucumber Slices
Cantaloupe Wedges/Chilled Pears
Ice Cream Cup

Grab n Go

*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit

Lunch:

*Pizza Hut Pizza Cheese or Pepperoni
Tossed Green Salad
Cherry Tomatoes/Green Peas
Chilled Peaches/Apple

Grab n Go

*UBR Bar Cheese Stick/100% Juice
And Fresh Fruit

Lunch:

*Nacho Bar Beef or Chicken
Fiesta Black Beans
Lettuce/Tomato/Salsa
Mixed fruit/Orange Wedges

Grab n Go

*Cereal Bowls or
Breakfast bar Combo Kits and Fresh Fruit

Lunch:

*Yogurt w/ Pancakes
Baked Hash Brown
Baby Carrots
Seedless Grapes/Pineapple Tidbits

NO SCHOOL 22

NO SCHOOL 23

NO SCHOOL 24

NO SCHOOL 25

NO SCHOOL 26

Merry Christmas ☩

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[Enter Additional Info]



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