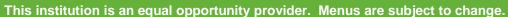
## **APRIL 2024**

Regis Middle/High School Meals Grab n` Go Breakfast & Lunch





Monday	Tuesday	Wednesday	Thursday		Friday	
No School	Grab n` Go Muffin Yogurt/100% Juice Fresh Fruit Lunch Chicken Fajitas Lettuce/Red & Green Peppers/Salsa Refried Beans / Spanish Rice Cucumber Slices Chilled Pears/Fresh Apple	Grab n` Go Cereal Bowls or Breakfast Bars Combo kits Fresh Fruit Lunch Pizza Hut *Pizza Cheese or Pepperoni Tossed Green Salad Carrots & Celery Sticks Chilled Peaches/Melon Wedges	Grab n' Go UBR Bar Cheese Stick/100% Juice Fresh Fruit Lunch Spaghetti w/ Meat Sauce Green Beans Steamed Broccoli Pineapple Tidbits Fresh Apple	4	Grab n` Go Cereal Bowls or Breakfast Bars Combo kits Fresh Fruit Lunch Yogurt w/*Pancakes Baked Hash brown Baby Carrots Strawberries/100% Orange Juice	5
Grab n` Go Breakfast Bread Cheese Stick/100% Juice Fresh Fruit Lunch Mozzarella Dipper w/ Pizza Sauce Baked Beans Broccoli Florets Mandarin Oranges/Fresh Apple	Grab n' Go Benefit Bar Yogurt/100% Juice Fresh Fruit Lunch Chicken Patty on a Bun Baked Seasoned Fries Green Beans Baby Carrots Grapes/Chilled Applesauce	Grab n` Go Cereal Bowls or Breakfast Bars Combo kits Fresh Fruit Lunch Pizza Hut *Pizza Cheese or Pepperoni Baked Tater Tots Tossed Salad/Celery Sticks Chilled Peaches/ Orange Wedges	Grab n` Go Pop-tart Cheese Stick/100% Juice Fresh Fruit Lunch Cooks Choice Testing 6-8 <sup>th</sup> only Tossed Salad Cucumber Slices Kiwi/ Strawberries		No School	12
Grab n° Go Minni-Cinni's Cheese Stick/100% Juice Fresh Fruit Lunch Ham & Cheese Sub Baked Tater Tots Baby Carrots Chilled Pears/Fresh Apple	Grab n` Go Muffin Yogurt/100% Juice Fresh Fruit Lunch Walking Taco Beef or Chicken Lettuce/Tomato/Cheese/Salsa Seasoned Refried Beans Cucumber Slices Mandarin Oranges/Banana	Grab n' Go Cereal Bowls or Breakfast Bars Combo kits Fresh Fruit Lunch Pizza Hut * Pizza Cheese or Pepperoni Tossed Salad Celery sticks/Tomatoes Applesauce/Orange Wedges	Grab n` Go UBR Bar Cheese Stick/100% Juice Fresh Fruit Lunch Popcorn Chicken Broccoli Florets Red Pepper Strips Hummus Chilled Peaches/100% Grape Juice	18	Grab n' Go Cereal Bowls or Breakfast Bars Combo Kits Fresh Fruit Lunch Toasted Cheese Sandwich Tossed Green Salad Tomato Soup Baby Carrots Chilled Pears/Fresh Apple	19
Grab n' Go Breakfast Bread Cheese Stick/100% Juice Fresh Fruit Lunch Meatball Sub Baked Potato Rounds Mixed Vegetables Applesauce/Orange Wedges	Grab n` Go Benefit Bar Yogurt/100% Juice Fresh Fruit Lunch Hot Dog on a *Bun Baked Beans Cucumber slices Cantaloupe Wedges/Chilled Pears	23 Grab n' Go Cereal Bowls or Breakfast Bars Combo kits Fresh Fruit Lunch Pizza Hut *Pizza Cheese or Pepperoni Tossed Salad Cherry Tomatoes/Green Peas Chilled Peaches/Fresh Apple	Grab n' Go Pop-tart Cheese Stick/100% Juice Fresh Fruit Lunch Nacho Bar/ Beef or Chicken Lettuce/Tomato/Salsa Black Bean Salad Mixed Fruit/Orange Wedges	25	Grab n' Go Cereal Bowls or Breakfast Bars Combo kits Fresh Fruit Lunch Fish Stick Whole Kernel Corn Baby Carrots Tidbits Seedless Grapes /Pineapple Fresh Baked Cookie	26
Grab n`Go Minni-Cinni`s Cheese Stick/100% Juice Fresh Fruit Lunch Sloppy Joe on a Bun Baked Beans Cucumber Slices Warm Apple Slices/ Fresh Apple	Grab n`Go Muffin Yogurt/100% Juice Fresh Fruit Lunch Cheeseburger on a Bun Sweet Potato Fries Baby Carrots Banana/Chilled Peaches	30				

\*Milk is offered with all meals & includes a choice of White Skim or Chocolate Skim

School Information: Contact Teresa Culbert at 715-830-9627 or email at <a href="mailto:tculbert@regiscatholicschools.com">tculbert@regiscatholicschools.com</a> or Jackie Buck at 715-830-2271 ext. 1007 or email at jbuck@regiscatholicschools.com