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Regis High School Regis Middle School Immaculate Conception Elementary St. James Elementary St. Mary's Elementary Genesis & Regis Child Development

August 4, 2021

Dear Regis Catholic Schools Families,

Regis Catholic Schools is participating in the USDA Seamless Summer Option (SSO) for the entirety of the 2021-22 school year. **This means our school system is providing free meals (breakfast and lunch) to all students!**

This program provides additional support and flexibility for our system to continue serving meals to children while maintaining safety measures and managing the impacts of the COVID-19 pandemic. Even though receipt of free meals does not depend on an approved free and reduced-price meal application, we are still distributing and processing them so Regis Catholic Schools families may qualify for P-EBT benefits as well as other school funding.

When your child participates in our healthy and delicious school meals program, it will save your family time and money. At breakfast, all children are offered at least four food items from three food components (grain, fruit, and fluid milk) and at lunch are offered five food components (grain, protein, fruit, vegetable, and fluid milk). For your child's breakfast to be free, they must take at least three food items, one of which is ½ cup fruit or vegetable. For your child's lunch meal to be free, they must take at least three different food components, one of which is ½ cup fruit or vegetable. **Second meals, a la carte items, milk only, or meals that do not meet the requirements described above will be charged a fee.**

Our breakfast and lunch menus are attached along with this letter. Menus and nutrition information are always posted on our system Food Service Program webpage. (<https://www.regiscatholicschools.com/parents-students/food-service-program/>)

Please contact me with any questions at (715) 832-4623 or email me at tculbert@RegisCatholicSchools.com.

Sincerely,

Teresa Culbert
Food Service Director
Regis Catholic Schools

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Learning Today, Leading Tomorrow

Regis Catholic Schools is dedicated to educating students of all faiths in a Catholic, Christ-centered environment. We are united by Our Core Values of Living Faith, Accepting Responsibility, Promoting Teamwork, Achieving Excellence, and Inspiring Leadership.