



IMMACULATE CONCEPTION

Elementary School

IC What's Happening!!

December 15, 2023

Please see the letter in your child's Friday folder regarding an upcoming change to dismissal time.

Snow and cold have arrived! Please make sure your student has a hat, waterproof winter coat and gloves, snow pants and boots each day!

The Mitten tree is located outside the office and is ready to be decorated with mittens, hats and scarves. These items will be donated to the Sojourner House in time for Christmas. All donations should be in new condition, please.

The Altoona Public Library is hosting a 40-minute holiday program at 10:30 a.m. on Saturday, December 16th. Professor Emeritus Ivar Lunde, Jr. will share a Christmas story (*Surine Mugga*) that his mother read to him as a child growing up in Tønsberg, Norway. Mr. Lunde's oral retelling of the story is accompanied by a slide show set to music; a feast for the eyes and ears. The story has some perilous moments but ends on a happy note when Jesus Christ sends a messenger elf to help reunite a group of lost children with their parents. This program is recommended for families with children ages 5 and up.

Christmas Break this year will start Friday, December 22 with classes resuming on Wednesday, January 3rd.

Our School will be participating in the **Bloomer Jump Rope Contest** on January 27th. We will be holding a contest in the IC gym on January 12th to see what students (grades 1st-5th) will be competing based on the most jumps in 10 seconds. Mrs. Vallez will be introducing the jump rope unit to the students during PE classes. Students have to use a regulation rope for the contest which is a quarter inch hemp rope. She will be selling hemp jump ropes for \$2.00 during PE classes starting the week of **November 13th**. If your student would like to buy a jump rope to practice with at home they may bring \$2.00 on their scheduled PE day. It is not required to buy a jump rope. Jump ropes will be available to practice with in PE class during the unit.

The Eau Claire Community Blood Drive will be held at the I.C. Church on Wednesday, December 20th from 1:30-5:30. Appointments are appreciated, but walk-ins are welcome. Call Bob Link with questions at 715-614-1551 or Karen Dolan at 715-579-5601. All that donate will receive a free t-shirt and lunch will be provided.

Learning Today, Leading Tomorrow

Regis Catholic Schools is dedicated to educating students of all faiths in a Catholic, Christ-centered environment. We are united by Our Core Values of *Living Faith, Accepting Responsibility, Promoting Teamwork, Achieving Excellence, and Inspiring Leadership.*

TALENT SHOW We invite students in grades 1-5 to show off their talents during our IC “Nation of Talent” Show on Wednesday, January 31st at 2PM in our school gymnasium! IC families and friends are welcome to watch in person this year.

All acts should be 2 1/2 minutes or less. Music, costumes, and props should be age-appropriate and respectful to all audience members along with the content of the performance. Remember to stay true to our Catholic values when picking your talent selection. Talent ideas: Singing, Dancing, Gymnastics, Musical Instruments, Bands, Magic, Skits, Comedy, Other Special Talents.

We look forward to seeing your acts at one of the upcoming **MANDATORY PREVIEW REHEARSALS** where acts will be approved and receive feedback. The preview rehearsals will be held immediately after school on **Thursday January 11th OR Friday January 12th from 3:30-4:30pm** in the Music Room. Your child may leave when his/her rehearsal is finished.

Return your entry form into your teacher by Friday, January 5th. Remember to time your acts to 2 1/2 minutes or less & be sure you have music, props, and costumes at this rehearsal. *Music must be provided via usb or sent digitally in advance to the Talent Show director and in final edited form for the preview rehearsal.

If you have any questions or concerns, please contact the Talent Show Director:

Kate Bobholz

bobholz.kate@gmail.com

715-347-4615

The 2024-25 enrollment season is quickly approaching!

Current Regis Catholic Schools families will be provided a two-week priority enrollment period in January to re-enroll for the coming school year. Current families will have the opportunity to enroll current students and siblings (new students) during this time.

Once this two-week priority enrollment period has closed, current RCS families are no longer guaranteed enrollment within the system.

Following the priority enrollment period for current families, enrollment for the next school year will open for families new to the Regis Catholic Schools system.

Monday, January 15: Priority Enrollment Opens (Current Families)

Sunday, January 28: Priority Enrollment Ends (Current Families)

SEE NEXT PAGE

The enrollment fee for the 2024-25 school year will be \$150 for all families. (Paid once per family.)

If not enrolled by May 31, our current families will pay a \$200 enrollment fee.

As a reminder, if you choose to enroll outside the two-week priority enrollment period for current families, you also risk losing your child(ren)’s spot.

HEAD COOK NEEDED!! Calling all stay-at-home parents, grandparents, aunts, uncles, neighbors and friends! Are you or someone you know looking for a part-time job opportunity within our schools?

Our Regis Catholic Schools Food Service program is looking for a kind and dependable person to fill the Head Cook position at St. Mary's Elementary School. This person will work approximately 24-28 hours per week during the school year and will be responsible for preparing and serving quality food to students in a quick and pleasant manner.

If you, or anyone you know is interested, please contact Jen Eager, Human Resources Director, at (715) 830-2273 ext. 1411 or at jeager@RegisCatholicSchools.



IMMACULATE CONCEPTION

Elementary School

December 4, 2023

Happy Advent, Families!

Time flies when you are having fun, and our time at Immaculate Conception Elementary School has flown by this school year! We are already nearing the end of the first semester.

The staff and I continually evaluate our school day procedures so that you and your students have the best experience possible. Now that the bus schedules have settled into place, we would like to adjust the time that our students are dismissed to the gym at the end of the day for transportation home. Currently, students arrive to the gym at the end of the day at 3:20 p.m. However, the last bus does not arrive until 3:45 p.m. and the other buses cannot leave until that point. As you can imagine, that much wait time for our students is difficult. We also could benefit from more instructional time during the day.

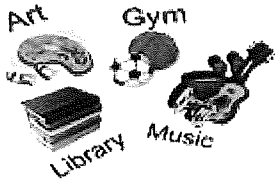
Therefore, beginning with the new semester (January 22), all students will report to the gym for PM transportation at 3:30 p.m. Students who do not take the bus will report with their classes at that time.

Please make plans to arrive at school between 3:20-3:45 for afternoon pick-up. The outside doors will not open until 3:20 p.m. each day.

If you have any difficulties with this change, please contact me. I am happy to work with you and your family.

God Bless,

Kayla Bahnub
Principal
Immaculate Conception Elementary School
Regis Catholic Schools
kbahnub@regiscatholicschools.com
715-830-2276



Specialist Newsletter

December, 2023

LIBRARY - MRS. LYNCH

We are enjoying reading about and discussing the lovely season of Advent. The Service Learning classes have made laminated bookmarks for the public library's Give a Kid a Book program. We're also noticing so much generosity with the library Blessing Basket. Merry Christmas!

Guidance - Mrs. McElroy, School Counselor

This month students continue to focus on empathy. Kindergarten and 1st graders can identify feelings from someone's face, body, voice and/or situation. Second and third graders are learning that feelings are complicated; my feelings may be different from your feelings about the same situation, feelings can change quickly and we can have conflicting feelings. Fourth graders have been learning about taking another's perspective, how understanding our similarities and differences help us have empathy for each other.

Fifth graders have started the academic and career planning unit. This unit includes helping students discern interests and skills for future careers. In addition, students will explore ways to strengthen their executive functioning skills with an emphasis on growth mindset.

The week before Christmas, all students will have a mini lesson on mindfulness. The goal is to help students be aware; internally and externally. The holiday season can be an overwhelming time in ways both enjoyable and challenging.

Let's help our kids (and ourselves) stay emotionally regulated. ❤️

We will start new small groups after Christmas break. If you are interested in a group for your student please feel free to contact me at cmcelroy@case.k12.wi.us.

As always, if your child has a specific need and you would like for me to meet with him or her please feel free to contact me. Merry Christmas!

Art with Miss LaRose - hlarose@regiscatholicschools.com

I hope your Advent season is off to a great start! Once November hits, the art room gets pretty sparkly with all the merry and bright supplies we have for Christmas and winter projects. I love how all the Christmas art looks together in my space. As we finish, I will be displaying some of the artwork and putting it on Artsonia. Please take some time to check for the art in our buildings and on your child's Artsonia account. Perhaps, maybe some of it will become part of your seasonal decor at home. I have heard from some of the students that the artwork comes out for decoration every year.

[artsonia](https://www.artsonia.com/) <https://www.artsonia.com/>

Thank you to everyone who has been using Artsonia lately to purchase holiday gifts by taking advantage of the Artsonia gift shop sales. Your interest and support are greatly appreciated and important to me.

Donation Note: At this time, I am not requesting donations.

If you have any questions for me regarding art class, Artsonia, or donations please contact me via email.

December 6, 2023

Dear IC Families,

As Christmas approaches, we want to take this time to reflect on the season and how much you, as our families, have meant to the school! We know this is also a time when you, as families, want to share your appreciation for Immaculate Conception Elementary's excellent teachers and staff.

In the past, we have collected donations for our teachers and staff outside of your child's homeroom teacher and left the option up to our room parents to decide if they wanted to do a class gift. This year, to limit the number of times our Room Parents ask for monetary donations, we are leaving homeroom teacher gifts for each family's desecration. All Room Parents should have communicated this to you at the beginning of the school year, and many have sent out homeroom teacher favorite things lists should you feel called to give your child's homeroom teacher a gift. Please know this is entirely voluntary. Homemade gifts of a card or picture made by your child(ren) to show their appreciation is a beautiful option we like to encourage.

Families often ask us how to show appreciation to those teachers and staff outside of our children's homeroom. This group of teachers and staff work with all children in the building, and many go beyond their required duties to help our children, homeroom teachers, and staff daily. This year, we will collect donations to show our gratitude to the teachers and staff outside your child(ren)'s homeroom teacher. If you would like to donate, please send cash (no checks, please) to school with your child in an envelope labeled IC Home and School Christmas by **Monday, December 18th**. Fifteen additional people help to make IC the wonderful place it is; these include our assistant and special teachers, custodial and maintenance staff, and other building support staff. We are so grateful that we have lovely and generous families.

Please know donations are entirely voluntary. There is *never* an expectation of giving or an expected minimum amount. No one is excluded from gift giving, and all donations are confidential.

We pray that you and your families have a wonderful and blessed Christmas, and thank you for the continued kindness and appreciation you show throughout the year.

We thank you for helping us wish IC staff a Merry Christmas!

Merry Christmas,

Courtenay Bydash
Co-Chair

Kate Bobholz
Co-Chair

Ronda Ryder
Treasurer

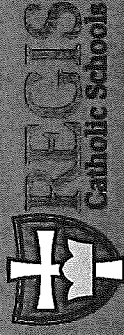
Crystal Weiland
Secretary

Immaculate Conception Elementary Home and School Board

JANUARY 2024

Regis Elementary School Meals
Grab n' Go Breakfast & Lunch

This institution is an equal opportunity provider. Menus are subject to change.



Monday

No School

Grab n' Go
Cereal Bowls or
Breakfast Bars Combo kits
Fresh Fruit
Lunch
B-que Pulled Pork on a Bun
Baked Beans
Cucumber Slices
Warm Apple Slices/ Fresh Apple

No School

Grab n' Go
Cereal Bowls or
Breakfast Bars Combo kits
Fresh Fruit
Lunch
Mozzarella Dipper w/ Pizza Sauce
Baked Beans
Broccoli Florets
Mandarin Oranges/Fresh Apple

Grab n' Go
Cereal Bowls or
Breakfast Bars Combo kits
Fresh Fruit
Lunch
Hamburger on a Bun
Baked Tater Tots
Baby Carrots
Chilled Pears/Fresh Apple

Tuesday

No School

Grab n' Go
Cereal Bowls or
Breakfast Bars Combo kits
Fresh Fruit
Lunch
Cheeseburger on a Bun
Sweet Potato Fries
Baby Carrots
Banana/Chilled Peaches

Grab n' Go
Cereal Bowls or
Breakfast Bars Combo kits
Fresh Fruit
Lunch
Hard Shell Tacos Beef or Chicken
Lettuce/Tomatoes/Salsa
Refried Beans / Spanish Rice
Cucumber Slices
Chilled Pears/Fresh Apple
Fresh Baked Cookie

Grab n' Go
Cereal Bowls or
Breakfast Bars Combo kits
Fresh Fruit
Lunch
Chicken Patty on a Bun
Baked Seasoned Fries
Green Beans
Baby Carrots
Grapes/Chilled Applesauce

Grab n' Go
Cereal Bowls or
Breakfast Bars Combo kits
Fresh Fruit
Lunch
Walking Taco Beef or Chicken
Lettuce/Tomato/Cheese/Salsa
Seasoned Refried Beans
Cucumber Slices
Mandarin Oranges/Banana

Wednesday

3

Grab n' Go
Cereal Bowls or
Breakfast Bars Combo kits
Fresh Fruit
Lunch
Pizza Hut *Pizza
Cheese or Pepperoni
Tossed Salad
Cherry Tomatoes/Green Peas
Chilled Peaches/Fresh Apple

Grab n' Go
Cereal Bowls or
Breakfast Bars Combo kit
Fresh Fruit
Lunch
Pizza Hut *Pizza
Cheese or Pepperoni
Tossed Salad
Broccoli/Cauliflower
Orange Wedge

Grab n' Go
Cereal Bowls or
Breakfast Bars Combo kits
Fresh Fruit
Lunch
Pizza Hut *pizza
Cheese or Pepperoni
Tossed Green Salad
Carrots & Celery Sticks
Chilled Peaches/Walton Wedges

Grab n' Go
Cereal Bowls or
Breakfast Bars Combo kits
Fresh Fruit
Lunch
Pizza Hut *Pizza
Cheese or Pepperoni
Baked Tater Tots
Tossed Salad/Celery Sticks
Chilled Peaches/ Orange Wedges

Grab n' Go
Cereal Bowls or
Breakfast Bars Combo kits
Fresh Fruit
Lunch
Pizza Hut * Pizza
Cheese or Pepperoni
Tossed Salad
Celery sticks/Tomatoes
Applesauce/Orange Wedges

Thursday

4

Grab n' Go
Cereal Bowls or
Breakfast Bars Combo kits
Fresh Fruit
Lunch
Nacho Bar
Beef or Chicken
Lettuce/Tomato/Salsa
Black Bean Salad
Mixed Fruit/Orange Wedges

Grab n' Go
Cereal Bowls or
Breakfast Bars Combo kits
Fresh Fruit
Lunch
Chicken Nuggets
Baked Potato Wedges
Green Peas
Mandarin Oranges/Kiwi

Grab n' Go
Cereal Bowls or
Breakfast Bars Combo kits
Fresh Fruit
Lunch
Spaghetti w/ Meat Sauce
Green Beans
Steamed Broccoli
Pineapple Tidbits
Fresh Apple

Grab n' Go
Cereal Bowls or
Breakfast Bars Combo kits
Fresh Fruit
Lunch
Hot Dog on a *Bun
Tossed Salad
Cucumber Slices
Kiwi/ Strawberries

Friday

5

Grab n' Go
Cereal Bowls or
Breakfast Bars Combo kits
Fresh Fruit
Lunch
Fish Stick
Whole Kernel Corn
Baby Carrots
Seedless Grapes/Pineapple Tidbits
Ice Cream Cup

Grab n' Go
Cereal Bowls or
Breakfast Bars Combo Kits
Fresh Fruit
Lunch
Cheese Quesadilla
Salsa
Whole Kernel Corn/Green Beans
Chilled Pears/Fresh Apple

Grab n' Go
Cereal Bowls or
Breakfast Bars Combo kits
Fresh Fruit
Lunch
Cheese Omelet w/*Pancakes
Baked Hash brown
Baby Carrots
Strawberries/100% Orange Juice

Grab n' Go
Cereal Bowls or
Breakfast Bars Combo kits
Lunch
Mac and Cheese
Whole Kernel Corn
Sweet Potato Fries
Mixed Fruit/Fresh Apple
Fresh Baked Cookie



*Milk is offered with all meals & includes a choice of White Skim or Chocolate Skim

School Information: Contact Teresa Culbert at 715-830-9627 or email at tculbert@regiscatholicsschools.com
or Jackie Buck at 715-830-2271 ext. 1007 or email at jbuck@regiscatholicsschools.com

ILLNESS: It is the time of year when many families start to travel for family gatherings or vacations. Please note, that extended absences are not recommended. Assigned homework will be given to the student after he/she returns from vacation. Any missed assignments will be the responsibility of the student when he/she returns to class. Students will be required to complete missed assignments in a timely manner as required by their teacher/school. Teachers are not required to give work in advance to students to complete while on vacation. This causes extra stress for the teachers.

It is also the time of year when coughs, colds and other illnesses spread rapidly through the school. Please do not send your children to school when they are sick so they can participate in special activities. Please review the Illness Guidelines & Sick Child Policies as outlined in our handbook.

Illness Guidelines & Sick Child Policy

Illness	Exclusion from School	Return to School
Fever Over 100.4 Degrees	When fever is at or over 100.4 degrees	24 hours after fever has subsided without prescription or non-prescription medication
Diarrhea/ Vomiting Illness of Unknown Origin	Diarrhea or vomiting	When symptoms are no longer present for 24 hours
Strep Throat	When sore throat, fever or rash are apparent or clinical diagnosis	24 hours after the first dose of antibiotics
Chicken Pox	When rash or fever are apparent or clinical diagnosis	7 days after the onset of the rash or until lesions have crusted
Conjunctivitis (Pink Eye)	Red or pink eye with discharge or clinical diagnosis	24 hours after the first dose of medication or when drainage is no longer present
Impetigo	Rash appearing to spread or clinical diagnosis	24 hours after the first dose or medication and clinical improvement
Hand, Foot and Mouth Disease	Fever or lesions present or clinical diagnosis	When fever is no longer present without medication and clinical improvement is observed
Influenza, RSV or Other Viral Respiratory Infections	Fever, extreme lethargy	When fever is no longer present without medication and clinical improvement is observed
COVID-19	Onset of symptoms or clinical diagnosis	5 days after onset of symptoms (must either wear a mask for an additional 5 calendar days or test negative twice within 48 hours)
Head Lice	Lice or nits present	After shampoo treatment and head check do not show remaining lice or nits.