

June 2018

Regis Elementary School Menu

This institution is an equal opportunity provider.



School Information: Contact Teresa Culbert for further information at 715-832-4623 or email at tculbert@regiscatholicschools.com



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.

Milk offered with all meals & includes choice of Skim or Chocolate



Monday

Tuesday

Wednesday

Thursday

Friday



****Menu subject to change without notice****

*Cheese Quesadilla
Toasted Cheese Sandwich
Salsa
Whole Kernel Corn
Green Beans
Chilled Pears /Fresh Apple

Cooks Choice 4

Cooks Choice 5

Cooks Choice 6

Last Day Of School 7
Hot-Dog/*Bun
Baked Chips
Carrots/Apple
*Rice Krispie Bar / 100% Juice

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Summer Vacation

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